# in The OWER



### generous giving

For 139 years, Augustana has responded to God's call to live in Christ's love and share that love with our community and with the world. Generations of people in the Denver area have found a home in our congregation as we worship together, learn from the Scriptures, respond to those in need, and open our doors and our hearts to welcome all people.

Augustana has a long history of supporting the mission of Christ, both inside our walls and outside them. We are known as generous people who gather together and work together to make the world God loves a better place.

As we look to 2018 and beyond, we know that the world we live in and the culture that we are a part of is changing. There are new challenges facing us as a congregation, and new opportunities calling

us forward. Together, we want to continue to make the love of Christ known.

During this year's Stewardship Campaign we are inviting everyone to join together in making a commitment to financially support all of our future ministry. Over the next few weeks, you'll hear more about exciting ministry expansions that are planned for 2018. You'll hear how your giving makes a difference in the lives of people and how increased giving will extend the reach of Augustana's mission.

On October 22, we will celebrate Stewardship Sunday. Everyone will be invited to present financial commitments for 2018 during worship that day.

Please pray about
Augustana's mission and
ministry and prayerfully
consider what your
response will be. Thank
you for your partnership
in our congregation, and
for your Generous Giving.

**Pastor Ann** 



Every generous act of giving,



with every perfect gift,



is from the Father.

James 1:17a

#### good news!

5000 E. Alameda Ave. Denver, CO 80246

### Augustana

PHONE: 303-388-4678 FAX: 303-388-1338

WEB: www.augustanadenver.org E-MAIL: info@augustanadenver.org

DIAL-A-CARE: 303-996-2733 FACEBOOK: augustanadenver.com

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Thursday, October 12, 4:30 p.m. is the deadline for the November edition. E-mail Lyn Goodrum (goodrum@augustanadenver.org).

#### **Sunday Schedule**

- 8 a.m. and 10:30 a.m. Worship
- 9:15 a.m. Faith Formation (September–May)

#### **Chapel Prayer**

· Monday, 10 a.m., Christ Chapel

#### **Mission Statement**

Guided by the Holy Spirit, we gather in Christian community, reach out and invite, offer hope and healing in Jesus Christ, and walk humbly with God

#### **Congregation Council**

President: David Aarestad
Vice President: Paul Edstrom
Secretary: Emmett Cruson
Treasurer: Ted Kouba
Paul Blanchard | Elsa Buhr (alt)
Katrina Crook | Krista Degerness
Michael Graham | Pr. Ann Hultquist
Kirsten Jensen | Greg Johnson
AJ Levy | Noah McCartney
Sharon Schillereff | Linda Tinderholt
Pr. Caitlin Trussell | Pam Uyemura

#### Staff

Ann Hultquist, Senior Pastor Caitlin Trussell, Pastor Lisa Mikolajczak, Finance Administrator

Jodie McClary, Faith Community Nurse

Shanna VanderWel, Director of Youth and Family Ministry Erin Brown, Children's Ministry Coordinator

#### Lyn Goodrum,

Publications Administrator Julie MacDougall, Volunteer Ministry and Building Use

#### Cindy Lindeen-Martin,

Minister of Music and Organist LeEtta Choi, Silver Notes Director Dick Larson, Choral Director Angela Howard, Choristers and

Cantabile Director **Asmir Hodzic,** Building and Grounds

Manager
Andrija Malbasa, Custodian

Kim Kouba, Cindy Maxwell, Wedding Coordinators Christie Baroody, Director, Augustana

Christie Baroody, Director, Augustana Early Learning Center

#### Rejoice with . . .

- Phoebe Elizabeth
   Ralston, daughter
   of Eric and Becky
   Ralston, in her baptism
- Benjamin Theodore Swenson, son of Theodore Swenson and Carrie Wernecke, in his baptism
- Madeline Hebert, daughter of Pastor Ann Hultquist, and Louis Fasano in their marriage, September 3
- Parents Kara and Greg
   Olson and grandparents
   Rex and Debbie
   Carter in the birth of
   Adalynn Grace Olson,
   September 6
- Brody William Snyder, son of Brandon and Abigail Snyder and grandson of Robin and Lynne Snyder, in his baptism
- Miles Tamminga and Stevi Yanda in their marriage, August 26
- Henry Lyle, Stuart
   Alan, and Millie Rose
   Motes, children of Alan
   and Mendy Motes, in
   their baptisms

#### Recently lifted up in prayer . . .

#### For hope and healing:

#### For comfort and courage:

- Sandy Kistler in the death of her nephew, Robby Branting
- Erin and Jake Brown in the death of their friend, Joseph Corrozo
- Cathy Nyhus in the the death of her sister, Marilyn Jenkinson
- Victoria Shiveley in the death of her cousin, Susan Johnson
- Family and friends of Joyce Mathis in her death

- Wayne Olson in the death of his mother, Edna Olson
- Doris McLaughlin in the death of her son, Bill McLaughlin
- Family and friends of Robert "Boogie Bob"
   Olson in his death
- Lisa Mikolajczak in the death of her uncle, Patrick McNamara
- Lisa Mikolajczak in the death of her aunt, Irene McNamara
- Audrey Carroll in the death of her nephew, John Riddell
- Mary Kay Hubbell in the death of her sister, Judy Schwabauer
- Scott VanOrdstrand in the death of his wife, Jennifer VanOrdstrand

#### Thank you for the gifts!

#### **Health Ministry**

- In memory Rosemary Allen Silver Notes
- In memory of Nelouise Stapp **Special Gifts**
- In honor of the baptism of William Reinert
- In memory of Lois Olson, Edna Olson, Elaine and Larry Rydiger, Nelouise Stapp

#### **Augustana Foundation Fosters Mission and Ministry**

The Augustana Foundation continued its pattern of distributing funds to facilitate Augustana's mission and ministries. During the third quarter, nine requests were funded. The four projects described below provide a sampling of how Foundation dollars are being used in the congregation, local community and larger world.

- Social Ministry Committee used their award to purchase bulk food items (rice and beans) for the "God's work. Our hands." Sunday on September 10. During this event, many participated in breaking down large quantities of unpackaged rice and beans to provide pre-packaged, portion-sized amounts for Metro Caring to offer as part of their healthy food program.
- Lutheran Campus Ministries will use their grant dollars to host a Fall Leadership Retreat at Sky Ranch Lutheran Camp, October 20–22. They expect 35–40 college students in the Rocky Mountain Synod to come together to engage in discerning the work and life to which God is calling them. ELCA campus pastors from CU-Boulder, UNC, and CSU will lead the retreat.
- Foundation dollars awarded to Lutheran Family
  Services will help them launch three new initiatives:

   a program that supports foster-care teens as they
  transition into adulthood, 2) a refugee employment
  center to empower refugees and other marginalized
  groups though job training, and 3) a guardianship
  program that partners with hospitals to serve older
  adults as they are discharged.
- Funds allocated to the Nicaragua Project will be used to install a hanging ceiling over three classrooms.
   This drop ceiling will protect 85 very impoverished preschoolers who suffer under the heat radiating from their high all-metal roof. The Nicaragua Project is a cooperative effort of multiple congregations in the Colorado Front Range to provide assistance to the Somoto community.

Appointed by the Congregation Council, members currently serving on the Foundation Board are Beth Black, Nancy Cowee, Tim Garrington, Laura Libby, Julie Shellhorn, Al Spies, Marilyn Stember, and Tim

Zeckser. Senior Pastor Ann Hultquist and Congregation President David Aarestad are ex-officio. Marilyn Stember was elected Chair and Laura Libby was elected Secretary. Tim Garrington was re-elected Treasurer. Gratitude was expressed to Kevin Flesch, Past Chair, and Janis Johnson, Past Secretary, who contributed their dedicated leadership to advance the work of the Foundation.

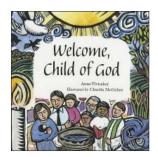
### Augustana Foundation baptismal gift

Benjamin Theodore Swanson received a Mission Investment Fund gift in honor of his baptism thanks to the Augustana Foundation.

### Welcoming the newly baptized with song

You may have noticed in the past year that we sing a song at the end of a baptism at Augustana. This new tradition was begun as a result of a song printed in the children's book, *Welcome*, *Child of God*, by Anne Ylvisaker, given to the family of the baptized. Initiated by Education Director, Erin Brown, this book is part of a larger gift bag. By our participation in singing "Welcome, Child of God," we, as a congregation, are the first to gift this song to the family. In our singing, we are praying for the newly baptized. Thanks be to God!

Raindrops, oceans, lakes, and rivers; welcome, child of God.
Mothers, fathers, brothers, sisters; welcome, child of God.
When the world feels wide around you, when the dark of night surrounds you, we are here to tend and guide you.
Welcome, child of God.





Purchase tickets to these events (\$25/adult, \$10/children) online at www.augustanaarts.org, by phone at 303-388-4962, or at the door the night of the event.

#### **Stratus Chamber Orchestra**

The Land Of Nod

Featuring New York Pianist, Tanya Gabrielian **David Rutherford**, Music Director

- Friday, September 29 (optional immersive style seating) at First Plymouth Congregational Church (3501 S. Colorado Blvd.)
- Saturday, September 30 (Traditional seating) at Augustana

Your adventure this year with Stratus Chamber Orchestra begins with an odyssey into the misty world of Dreams. Serenades and nocturnes will sweep you away to the Land of Nod, where the brilliant and dynamic Tanya Gabrielian will join Stratus to regale you with beautiful music. But rest assured that you will remember plain and clear the curious music that you hear.

- Manuel de Falla: "Nights in the Gardens of Spain"
- Mozart: "Eine Kleine Nachtmusik"
- Mendelssohn: *A Midsummer Night's Dream* Incidental Music (selections)
- Balmages: "Dreaming"

Hailed by the London Times as "a pianist of powerful physical and imaginative muscle," Tanya Gabrielian has captivated audiences worldwide with her gripping performances. She has performed on four continents in acclaimed venues including Carnegie Hall in New York, Kennedy Center in Washington D.C., Sydney Opera House, Queen Elizabeth Hall and Wigmore Hall in London, and the Salle Cortot in Paris, with such orchestras as the Los Angeles Philharmonic, Sydney Symphony Orchestra, Royal Scottish National Orchestra, New London Sinfonia, and the Armenian Philharmonic Orchestra

### Colorado Women's Chorale and Colorado Men's Chorale

**Masterworks Concert** 

**Jennifer Ferguson**, Music Director Saturday, October 21, 7:30 p.m. at Augustana

Celebrate the opening of the CWC/CMC season with a dynamic duo of choral masterpieces. The star of the day will be one of the choirs' favorite pieces, "Rejoice in the Lamb," by Benjamin Britten, whose work has been described as having a "peculiar potency." The choirs will be performing this great piece with orchestral parts composed at the request of Britten by Imogen Holst, daughter of Gustav Holst. The concert will conclude with Beethoven's "Mass in C." Cutting edge in its day, this beautiful, emotional work is a joy to experience.

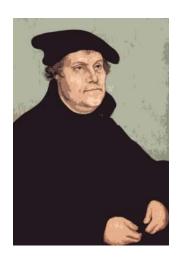
#### Adam Pajan, Organist

The Romantic Muse

- Friday, November 3, 7:30 p.m. at Augustana
- Organ Workshop, Saturday, November 4, 10 a.m., at Augustana: Orchestral Transcriptions for the Organ
  - Accompanying using two movements of the Brahms Requiem

In Collaboration with the American Guild of Organists. AGO member discounts available.

Since the fall of 2014, Adam has served as faculty of the American Organ Institute at the University of Oklahoma and teaches courses in performance, church music, and organ building. He holds a Doctor of Musical Arts from the University of Oklahoma, Master of Music from Yale University Institute of Sacred Music, and Bachelor of Music from Furman University. He is first prize recipient in the prestigious Schweitzer, Poister, and Mader competitions and was named one of The Diapason's "20 Under 30" of 2016. He is the teacher of Alex Armstrong, the Denver Rocky Mountain Chapter Quimby winner of the Dallas Southwest Regional competition.



### Reformation Sunday, October 29

marks the 500th anniversary of the Reformation, with worship in Augustana's sanctuary at 8 a.m. and 10:30 a.m. Augustana's confirmands will affirm their baptism at 10:30 a.m. worship with a prior reception honoring them during Coffee Hour, 9:15–10:30 a.m. The festival color is red! Join us for festive worship!

### THEN+NOW + ALWAYS+

### A Reformation Hymn Festival COMMEMORATING 500 YEARS OF GRACE

Homilies by Bishop Jim Gonia
4 p.m. on Reformation Sunday
October 29, 2017
Rostered ministers invited to vest (red) and process
Freewill offering

#### Augustana Lutheran Church 5000 E Alameda Ave, Denver, Colorado

Augustana is one of several Lutheran churches in the world, celebrating the 500th Anniversary of the Reformation, and we plan to do it big, with a hymn festival service like no other, titled "THEN + NOW + ALWAYS +."

We will be celebrating with many hymns and hymn concertantes, along with Bach's Cantata No. 80, *A Mighty Fortress*, Buxtehude's "Lord, Keep Us Steadfast in Your Word" and the "Hallelujah Chorus"! The afternoon of Reformation Sunday, October 29 at 4 p.m. will include a full processional with all the pomp and circumstance of banners, robes and stoles, handbells, many clergy, and even the presence and participation of the bishop.

The singing will be varied—by choir alone and by the entire congregation—accompanied by orchestra, organ, handbells, brass, and timpani. Augustana's Chancel Choir will be joined by Soli Dei Choir at Cross of Christ Lutheran in Broomfield (Pastor Ann's last parish). A guest choir will be participating from HKBP Montclair Lutheran Church (of Indonesian heritage). Join in the celebration!

A reception will follow in Fellowship Hall.

#### **Pastors**

#### Are you hearing this?!

The Christian story centers on the love of God revealed by Jesus' self-sacrificing death on a cross that wasn't the end of the story. Yet, since the cross event, Christians challenge each other on orthodoxy and split time and again through the centuries. Splitting over orthodoxy is a common feature of world faiths. Islam, Buddhism,



Judaism, Hinduism, etc., all have their break-up stories. Lutheran Christians are no exception. Case in point, this month we are commemorating the 500th anniversary of the Reformation dated from October 31, 1517.

At that time, Martin Luther challenged the accepted norms of the Roman Church. Norms that broke the banks of poor people in the name of saving souls while funding a cathedral building campaign. Norms that plunged him into his well-known dark night of the soul, never sure if God's last word would be mercy.

Many of you have heard my multi-faith story. Suffice it to say that faith became possible for me when I heard the gospel preached in an ELCA Lutheran Church. I couldn't believe my ears. It was like wanting to turn to people during worship and say, "Are you hearing this?!" I sometimes wonder what my "cradle" Lutheran children hear when they hear the gospel. They've heard a word of grace for so long that it's what they expect to hear — not one shocking thing about God loving them unconditionally no matter what they do or don't do.

For me, this story doesn't become a carte blanche of anything goes. Rather, grace tethers my weekly confession in worship which obligates my behavior toward each one of you whether I know you personally or not. I'm grateful for Christ's daily word of promise and grace that re-forms me — sometimes by disruption and sometimes by comfort. May you also hear Christ's daily promise for you.

Peace,

#### **Pastor Caitlin**

See the cover for Pastor Ann's column.

### **Local and Global Involvement**

#### 3rd annual Chow Hall Gala

Friday, October 6, 5:30–8:30 p.m., Bethany Lutheran Church (5500 Hampden Ave., Cherry Hills Village)

You're invited to this benefit gala for the women of **New Beginnings Worshipping Community**, Rocky Mountain Synod, ELCA, inside the Denver Women's Correctional Facility.

Come for an evening of tapas, wine, beer, door prizes, fellowship and singer/songwriter Rachel Kurtz. Rachel gives concerts at the prison and meets with the women of New Beginnings. Preview her talent at RachelKurtz.org.

Order tickets (\$50) by October 2 to estimate food. Tickets also available at door.



Rachel Kurtz performs at the Chow Hall Gala

Make checks payable to New Beginnings (memo line: Gala 2017) and mail in advance to:

#### **New Beginnings**

c/o Our Savior's Lutheran Church Attn: Kathy 915 E. 9th Ave. Denver CO 80218

Phone: (303) 831-7023

If you are unable to attend, but would like to make a gift in support of the ministry, please mark "Gala Gift" in the memo. Thank you for your generous support of the only prison worshiping community of the Rocky Mountain Synod, ELCA.

#### Pray. Fast. Act.

Saturday, October 21

A Saturday may be a good time to try "Pray. Fast. Act." The presiding bishops of the Evangelical Lutheran Church in America and the Episcopal Church issued a joint invitation to prayer, fasting and advocacy. The **Rev. Elizabeth Eaton**, ELCA, and, Episcopal Church, extend this call out of concern for proposed deep cuts to programs that are vital to hungry people living in poverty. They summon our churches to practices of spiritual devotion that undergird a discipline of public witness with and on behalf of the neighbor.

ELCA Advocacy supports this call by encouraging Lutherans to pray and fast on the 21st day of each month through the close of the 115th Congress, December 2018. We fast on the 21st because that is the day when 90% of Supplemental Nutrition Assistance Program (SNAP) benefits run out for families, making the remainder of the month a hungry time. On this day, an advocacy alert will also invite participants to speak their faith by sending a message to their members of Congress.

Why and how to Pray. Fast. Act.? www.elca.org/prayfastact.

### Rainbow Trail's 11th Annual Grace Race

Registration is now open!

Saturday, October 7, 4 p.m.

**Rainbow Trail Lutheran Camp** is hosting its 11th Annual Grace Race to benefit the ELCA World Hunger appeal on Saturday, October 7, with a 4 p.m. start.

This is a 5K run/walk around beautiful Sloan's Lake in south Denver. There will be food and refreshments for all participants following the race. The entry fee is \$30 before September 29 and \$35 after that date.

You can register for the race after that date and even on the day of the race; however, we can't guarantee you'll get one of the cool long sleeve tech shirts from the race after September 29. You don't have to be a runner to make a difference. Parents with baby strollers, grandparents with grandkids, and runners and walkers of all types participate.

Come join us for a great day in the park for a great cause. You can register on-line! To learn more and to register, visit www.rainbowtrail.org. Bring your friends and family or your whole youth group.

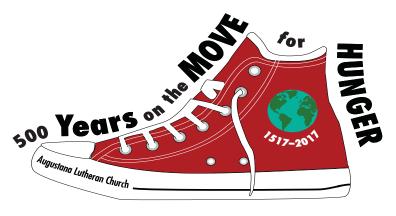
Over the past 10 years, we have raised almost \$48,000. Help RTLC raise another \$10,000 for ELCA World Hunger this year and push them to over \$50,000 given to the ELCA Hunger Appeal! See you October 7!

#### **Lutheran Family Services**

Foster Care: Every day there are children in Colorado in need of a safe environment, and we need more people to commit to these children! Informational meetings for foster care will be on Wednesday, October 11, 12:30–1:30 p.m. and 5:30–6:30 p.m. at the LFS Denver Metro office (363 S. Harlan Street, Suite 105, Denver, 80226). We hope to see you there! For more information, please contact **Anne Hamilton** (anne. hamilton@lfsrm.org or 303-217-5869).

Older Adult & Caregiver Services offers free monthly telephone conferences, called Ask Your Care Manager, to answer your questions about aging, Join us Wednesday, October 11, noon–1 p.m., for the conference titled "Concerned about an Aging Family Member? When it's Time to Step In." Learn what signs to watch for that may indicate that your loved one needs more assistance, and what you can do to address these concerns. Registration is required. Sign up at www.lfsrm.org/programs-and-services/oacs/ask-caremanager/ or call 303-217-5864 or 970-232-1180.

Older Adult & Caregiver Services offers free inperson consults to discuss Advance Care Planning and Advance Directives, such as Medical Power of Attorney and Living Will. We can help you understand your options, insure that your legal documents reflect your medical wishes, and get your directives completed and notarized. Don't put it off. Schedule an appointment at 303-217-5864 or 970-232-1180.



#### In the homestretch!

We continue commemorating the 500th anniversary of the Reformation through Reformation Day on October 31! As part of the festivities, one and all are invited to move and give towards ELCA World Hunger. At the time of this writing just over \$5,000 has been given towards the congregation's \$15,170 goal. (Get it? 1517 is the year of the Reformation.) 12,840 miles have been moved and more are added every week by people's prayers, volunteering, advocacy, and exercise being converted to miles. Remember to add yours to the mix!

Activity may be logged on the Sunday bulletin slips.

Checks may be made out to Augustana Lutheran Church, memo: ELCA World Hunger; or donations made on the donation page of Augustana's website, www. augustanadenver.org.

ELCA World Hunger partners with people and communities locally in Denver and around the world towards the goal of self-sufficiency.

"For so to help a man that he does not need to become a beggar is just as much of a good work and a virtue as to give alms to man who has already become a beggar . . . Faith is followed by works as a body is followed by its shadow."

- Martin Luther

For by grace you have been saved through faith, and this is not your own doing; it is the gift of God — not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Ephesians 2:8-10

#### Bite-Sized Idea for October:

Bite-size your gift to the equivalent of what you paid for your restaurant meal this month.



#### "500 Years" FEST!

Sunday, October 22, 11:30 a.m.–12:30 p.m. Fellowship Hall

Come, one and all, for **brats, mac & cheese, and fellowship** as we move into the final week of "500 Years on the Move for Hunger" and towards Reformation Sunday on October 29. JASS will join in the fun, too, before the kids head off to their choir practices. Lunch is prepared by Paul Blanchard and friends as well as the "500 Year" planning team.

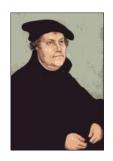
#### **Congregational Learning**

#### **Adult Forum**

Sundays, 9:15 a.m., Anna Paulson Room

October 1: **Theda Bruns**, Close to Home Storyteller's Network, will speak about her experience of homelessness and beyond. This project is part of the Colorado Council of Churches' collaboration to promote greater understanding of homelessness in the Denver metro area.

Theda writes, "Once I joined Close to Home's Storyteller's Network, my true healing began. I have shared my story and realized that homelessness comes from all walks of life — I am not alone. Every time I share my story, a little more healing occurs."



October 8, 15, 22, and 29 "What Would Luther Do Today?"

All are invited for conversation led by the pastors based on Presiding Bishop Elizabeth Eaton's course including videos. The weekly topics in order are: Origins, Poverty and Ecumenism, Climate Change, and Legacy. Come

and wonder together about Luther's perspectives and what they might have to say to our moment in time.

#### **Families Inspired Together (FIT)**

Sundays, 9:15 a.m., Room 14

- October 1: Friendly catching up and sharing summer stories.
- October 8: **Shanna VanderWel**, Director of Youth and Family Ministry, shares Children, Youth, and Family program information/updates.

#### **New Members Class**

Sundays, October 22, 29, November 5, and 12, 9:30 a.m., Room 1

For those considering membership at Augustana, this class introduces participants to the pastors, staff and some of our dedicated lay leaders, reviews Lutheran

theology, and includes ample time for questions. Contact **Julie MacDougall** (303-388-4678 or macdougall@ augustanadenver.org) if you would like to sign up for the next class or have questions.

#### **Thursday Morning Bible Class**

On Thursday, October 5, 9:30 a.m., in the Anna Paulson Room, serious and dedicated students of theology will gather to begin a study of 1 Corinthians. We will use a study guide by the well-known Anglican, N. T. Wright. There will be no book for class members, but bring a Bible. New members are welcome if they are serious, dedicated, and have a sense of humor. Contact Julie MacDougall (303-388-4678 or macdougall@ augustanadenver.org) or Linda Daniel for more information.

#### **Ammerman Library**

#### **Look for Luther books**

The library has newly donated and new books on Martin Luther. You'll find them in the book cabinet in Fellowship Hall and on the New Books shelf to the right of the card catalog. Two of the donated books are *Young Man Luther* by Erikson, *Katharina and Martin Luther*, by DeRusha, and *Luther*, a *Life* by Todd. A newly purchased book is *Martin Luther*, *Renegade and Prophet* by Roper . . . and all of the Martin Luther books that were on sale in September will have been donated to the library by October!



Appleton, Wisconsin • Minneapolis, Minnesota

#### Need more funds?

Augustana programs, groups, and property are eligible to receive designated funds as voted on by Thrivent members. Requests for funds should include the name of the organization, amount of money, the purpose of the grant, and a contact person with telephone number and/or email address. Send your request by November 15 to KL-cruson@comcast.net so it can be considered at the November 19 Thrivent Financial meeting.

Thrivent Choice Dollars have been generously designated by Thrivent members to a special fund at Augustana Lutheran Church. Thrivent members may contact thrivent.com or 1-800-THRIVENT to designate your Choice Dollars at any time.

#### **Thrivent Meeting to disburse money**

The meeting of Augustana's Thrivent members, Sunday, November 19, will feature decisions about disbursing Thrivent Choice dollars to Augustana programs, property, or groups. All Augustana friends and members are welcome to attend, but only Thrivent members may vote on the decisions. A light lunch will be served (\$5) at 11:30 a.m. in the Anna Paulson room. Contact **Katherine Cruson** (303-696-7430) by Friday, November 17 for lunch reservations.

#### **Health Ministry**



Hello, everyone, my name is Jodie McClary.

I am your new Augustana Lutheran Faith Community Nurse.

So, a little bit about my background as a nurse: I graduated from

Colorado State University at Pueblo (called Southern Colorado State University in 1975) with an Associate Degree in Nursing at the age of 19. I started working at St. Mary Corwin Hospital in Pueblo doing coronary care, intensive care, and the operating room. I returned to school for a bachelor degree in psychology.

I met my husband, Wayne, a graduate of the United States Air Force Academy, and for the first time left Colorado to follow his career. I took that opportunity to attend Wright State University to study accounting while still working as a nurse in the operating room at Good Samaritan Hospital in Dayton, Ohio. I passed the Certified Public Accountants exam, and worked for a time with a public accounting firm in Ohio.

We moved to the greater Chicago area to follow his career and to raise our two boys. I was employed as a nurse caring for acutely and chronically ill children and babies.

In 1996, we finally returned home to Colorado. Since returning I have worked as a nurse first with dying children, in oncology, organ transplant, emergency room, education, and most recently intensive care. I returned to school, again, to obtain my Masters in Nursing in 2006 from the University of Phoenix. I have been a nurse for 42 years.

I feel very blessed to be hired here at Augustana. I will do my very best to fill Sheryl's shoes, and meet your needs. I so look forward to meeting you and hearing your stories.

#### October is National Breast Cancer Awareness Month

Breast Cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most women can survive breast cancer if it's found and treated early. A mammogram — the screening test for breast cancer — can help find breast cancer early when it's easier to treat.

#### Breast cancer risk factors and prevention

"What's my risk of breast cancer?" Is a question many woman ask their doctors. Doctors have tools to help estimate a woman's risk. Some women who get breast cancer have no known risk factors besides age. Many women with one or more risk factors never get breast cancer. So it's impossible to know who will actually get breast cancer.

#### Factors that affect a woman's risk of breast cancer include:

- **Age.** The strongest risk factor is age. Most women who get breast cancer are older than 50.
- Personal history of breast cancer. Women who have had breast cancer in one breast are more likely to get it in the other breast.
- **Family history.** Having a mother, sister, or daughter who has had breast cancer increases a woman's risk. The risk is higher if her family member got breast cancer before age 40.
- Inheriting certain harmful gene mutations.
  - □ Inheriting changes to certain genes, such as

- BRCA1 OR BRCA2 greatly increases the risk of breast cancer.
- ☐ Inherited genetic changes account for about 10 percent of all breast cancers.
- **Body weight.** The chance of getting breast cancer after menopause is higher in women who are overweight or obese.
- Physical activity. Women who are not physically active throughout life may have an increased risk of breast cancer.
- Breastfeeding. Women who breastfeed have a lower risk of breast cancer.

If you're looking for ways to lower your breast cancer risk, focus your efforts on a healthy lifestyle. Wholesome and well-balanced meals and regular physical activity can help you to maintain a healthy weight. Whether these steps will protect you from breast cancer is not certain. But living a healthy lifestyle is a cornerstone of disease prevention.

Information from U.S. Department of Health and Human Services

#### **Health Ministry Sunday is October 1**

Visit Fellowship Hall, Sunday, October 1, 9–10:30 a.m. for additional information regarding breast cancer, including information about male breast cancer. Blood pressure screening will also be available.

#### **Financial Statement for August**

	Augus	August 2017		YTD 2017		YTD 2016
	Budget	Actual	Actual	Budget	Actual	Actual
All Income	\$ 82,323.49	\$ 68,368.17	\$ 81,956.21	\$ 798,664.31	\$ 797,202.24	\$ 674,500.15
All Expenditures	86,055.29	82,733.56	86,094.72	695,308.20	655,643.06	732,847.78
Net Income(Loss)	\$ (3,731.80)	\$ (14,365.39)	\$ (4,138.51)	\$ 103,356.11	\$ 141,559.18	\$ (58,347.63)

In August, \$1,746 for choral and instrumental music, \$3,060 for Bibles and Sunday school curriculum, and \$1,166 for postage, printing, and office supplies were all provided by our gifts.

### Children, Youth and Family Ministry

### Senior High Gathering at Rainbow Trail Lutheran Camp

All senior high youth are invited to ioin in at Rainbow Trail Lutheran Camp, November 17–19, 2017, for a weekend in the wilderness filled with fun camp activities, a thought-provoking study, enthusiastic RTLC staff, delicious home-made meals, and serenity that only the mountains can offer. Along with the Rainbow Trail staff, this weekend will be led by the Director of Mission, Youth, and Family Ministries at Holy Cross Lutheran Church in Wheat Ridge, Colorado, Scott **Moore**. We all have a piece of God that is unique to only us. Our individual stories are unlike anyone else's; however, they are interwoven in the stories of everyone we meet. The question we must ask ourselves is, "How does my story intersect God's story"? Please register with **Shanna** (shanna@augustanadenver.org) by October 15. Cost is \$135 per person.

#### **Reformation coloring posters**

During the month of October you are invited to join in celebrating the Reformation by coloring on one of the many Reformation Posters.

These posters will be available during Coffee Hour and to many of the Faith Formation classes.

#### Maize in the City

Calling all 5th–8th graders for an afternoon of fun on Sunday, October 15! We will meet in Fellowship Hall at 1:45 p.m. to go together to the corn maze at The Maize in the City. We will plan to be back at Augustana by 5 p.m. Cost is \$12 per person.



## Pizza, Pumpkin Carving and S'mores

Augustana's Children, Youth, and Family Ministry invites you to an evening of Pizza, Pumpkin Carving and S'mores, Saturday, October

21, 5:30–7:30 p.m., in Quist Park (weather permitting). Cost: \$5 per person or \$15 per family.

So we'll have enough pizza and pumpkins, please RSVP to **Erin Brown** (erin@augustanadenver.org or 303-388-4678 ext. 122) by Friday, October 20.

See you on October 21!

#### Senior high lock-in

Senior high youth will gather for a lock-in Friday, October 27, 7 p.m. to 9 a.m., Saturday, October 28.

Please RSVP to **Shanna** (shanna@augustanadenver.org or 303-388-4678 ext. 107) by Sunday October 22. We will be going to the After Dark Corn Maze at Chaftfield Farms. Cost per person is \$20.

### Halloween Care Packages for College Kids

Parents of college students will meet to pack Halloween care packages, Sunday, October 22, 9 a.m., Fellowship Hall. Please bring 35 fun items—Halloween candies or

trinkets, granola bars or microwave popcorn, desk items such as pens, pencils or note pads, etc.

If you are unable to attend, items may be labeled and left in Augustana's office by October 21.

For additional information, contact

**Joy Hawkins** (Joy.Hawkins@ucdenver.edu or 303-915-7645) or **Jan Brown** (JTBrown0407@gmail.com).

#### Make sure we have your kids' addresses!

If you have a student who is new to college, whose college address has changed, or who is no longer in college, contact **Lyn Goodrum** (goodrum@ augustanadenver.org) by Monday, October 16, so that we can have an accurate recipient list for the Halloween boxes! Thanks!



### Reception for Confirmands

Please join in celebrating the confirmands, Reformation Sunday, October 29, 9–10:30

a.m., Fellowship Hall. Greet the students and enjoy some cake!

#### Join our new Care Team Ministry!

A new ministry is being created at Augustana! We want to help out members who are in a moment of trial, struggle, or crisis in their lives by providing them with a few meals to help balance their mental load. Examples may include a new baby, an illness, an injury, or others. What we need now is a list of people who would like to be called on to help serve in these times of need. When a need arises, an email will go out to the list members for you to sign up for a meal at that time. If you are interested in being on the Care Team and providing a meal when needed, please contact **Kari Kusek** (mohskari@gmail.com or 719-350-0024). If you are not tech savvy, please join anyway! Let Kari know that you would prefer to be called by phone, and that will be her mode of contact for you.



### So you think you make good chili . . .

Calling all chili makers, cornbread bakers, and food eaters! Enjoy a time of fellowship and good food at a **chili cook-off**, Sunday, October 8, 11:45 a.m.—1 p.m. in Fellowship Hall. Bring your famous chili to be enjoyed and voted on. Identities of the chili cooks will be kept secret — as to not throw the vote! If you don't make chili, come and be a judge, and bring a topping, side dish or dessert to share. Drop off your food in Fellowship Hall before 10:30 a.m. worship. Prizes will be awarded for the best chili! Come hungry, and bring your dollars to vote for your favorite chili. All donations will be given to ELCA World Hunger.

#### **Senior Ministry**

#### **October Monthly Luncheon**

Thursday, October 19, 11:30 a.m., Fellowship Hall

Formerly planned for last May's luncheon but canceled due to weather, we have rescheduled for October "Challenges of the 21st Century Water Resource Manager," a slide presentation given by Steve Snyder, Public Affairs, Denver Water Department. Steve will discuss the challenges the department faces now and in the future due to population growth and changing

climate, along with the solutions — conservation, efficiency and reuse of water. Join us for this informative program about this critical resource we all use and sometimes take for granted.

Visitors are always welcome, and we encourage you to invite your friends to join you. The cost per person for the delicious luncheon served by Judy Nyquist and her crew is \$8. Reservations are needed by Monday, October 16 in Augustana's office (303-388-4678), so that Judy can plan for the luncheon.





This group of stalwart souls puts their hands to work behind the scenes assembling worship bulletins and monthly newsletters. Thank you! Duane Howell took this picture after a recent tea hosted by Lyn Goodrum, Augustana's Publications Administrator, in gratitude for their work.

Eldon Hemmingsen, Dee Melicher, Lorna Schillereff, Jean Garvey, Arvetta Hjelmstad Leigh Quist, Herb Schillereff, Ethel Scott, Fred Scott, Genevieve Bucklin, Neila Frisch, Lyn Goodrum Douglas Ray, Arlien Johnson, Lehman Hoag, Gay Hoag, Steve Frisch, Joyce Oleson

#### **Fellowship**



### Women, Wine and Word

This Bible study for women of all ages meets each month in someone's home. Currently the group is discussing the book Fierce: Women of the Bible and Their Stories. What

do women like Ruth, Mary, and Eve have to say to women of faith today? Come and join the learning and fellowship Thursday, October 26, 7 p.m. Contact **Pastor Ann** for the location (ann@augustanadenver.org). All women are welcome!

#### **Trailblazers**

Meyers Homestead Trail Fall Colors Hike Saturday, September 30, leave Augustana's south parking lot at 9 a.m.

This trail southwest of Boulder will take us through meadows, aspen groves, past an old saw mill, and reward us at the end of the trail with spectacular views of the Continental Divide.

Rating: Easy

Distance: 5 miles roundtrip Elevation: 7,300 to 8,050 feet

Guide: Laurie Scott (303-358-5864 or laurajscott@msn.

com)

#### Flatiron Vista Hike

Saturday, October 21, leave Augustana's south parking lot at 9 a.m.

The rolling hills and views of the Flatirons near Boulder make this a pleasant late-season hike.

Rating: Easy

Distance: 3.5-mile loop

Guide: **Don Troike** (720-379-3676 or don.troike@gmail.

com)

#### **Theatre and Theology**

Theatre and Theology brings members of Rocky Mountain Synod congregations in and near Denver to productions of the Denver Center for the Performing Arts. After viewing a play, we do a talk-back discussion with cast members on theological issues raised in the play. The plays and these discussions can challenge and stimulate our faith and, therefore, the mission of the Church, in a unique way. For more information, contact **Rosalee Wanchisen** (303-759-9836 or rwanchisen@gmail.com).

#### **Smart People**

Tuesday, October 24, 6:30 p.m., Ricketson Theatre, Tickets: \$35

Registration with check payable to Rocky Mountain Synod and footnoted "T&T Augustana: Smart People" must reach Augustana's office by Tuesday, October 3.

Intelligence can only get you so far when it comes to navigating love, success and identity in the modern age. This biting comedy follows a quartet of Harvard intellectuals struggling to understand why the lives of so many people — including their own — continue to be undermined by race. But no matter how hard they research, question and confront the issue, their own problems with self-awareness make it difficult to face the facts of life. Fiercely clever dialogue and energetic vignettes keep the laughs coming in a story that *Variety* calls "Sexy, serious and very, very funny."



#### **ELECTRONIC SERVICE REQUESTED**

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- 1 Arjan Bornhijm Anya Fry
- 2 Elaine Anderson Lisa Bickle
- 3 Diane Beer Eric Moody
- 4 Vivian Bengtson Marti Gordon William Smith Andy Stone Mallory Storie Lauren Triplett
- Howard Jacobsen Gregory Johnson Richard Wood
- 6 Stephen Zarlengo

- 7 Siri Anderson Ann Pearson Ophie Pulley JoAnn Ryan George Willoughby
- Robbie Anderson Linda Daniel Garrett Lutz Biag Mayek Gia Witt
- 9 Dale Arden
- 10 Krista Degerness Wilma Hughes
- 11 Clayton Regier
- 12 Audrey Haber Henry Motes Donna Wink
- 13 Mallory O'Malley

- 14 Timothy Garrington Harold Johnson Alan Motes
- 15 John Bengston Claire Bourg Will Shellhorn
- 16 Wil Crook Nick Massie Spencer Toppen Kathy Valadez
- 17 Brynn Aarestad Karen Lambert Amelia Wilkins Hannah Zeckser
- 18 Jill Gregory
- 19 Dil Blatchford Nathaniel Cockrell Amy Pulley
- 20 John Harwell Arvetta Hjelmstad Inez Smith Wendy Stalheim
- 21 Terry Lumme Olivia Rowan
- 22 Nicole Harwell
  Doris McLaughlin
  Brett Porterfield

- 23 Robin Boe Duane Howell Ken Maxwell Michael Priest
- 24 Ken Beazer
  Jess Miller
  Ann Sethre
  Dorothy Templin
- 25 Elizabeth Izant
- **26**
- 27 Nancy Hardiman Denise Sanderson
- 28 Beck Miller
- 29 Genevieve Bucklin Mackenzie Cross Karen Morgenthaler
- 30 Helen Blanz Fred Cathcart Sandra Hagevik
- 31 Nikolai Arnold Anne Bickle Lula Clambey Ethan Rogers Dallas Smith

If your name should have been on this list but wasn't, please call Augustana's office (303-388-4678).



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Saturday	Retreat: Augustana Ringers	ober 13–15	21 Pray.Fast.Act 8:45am ANSAR Pantry 9am Trailblazers: 9am Flatiron Vista Hike 5:30pm Pizza, Pumpkin Carving, and Smores 7:30pm Augustana Arts: Colorado Women's Men's Chorales	Confirmation Luncheon and Rehearsal	
	<b>7</b> 9am	14 Retreat	21 8:45am 9am 5:30pm   7:30pm	Noon Noon	Ringers
Friday	n Silver Notes n Augustana Firm Believers Memorial Service: Bob "Boogie Bob" Olson	Silver Notes Augustana Firm Believers Family Retreat Sky Ranch Lutheran Camp, October 13–15	n Silver Notes n Augustana Firm Believers	n Silver Notes Augustana Firm Believers Senior High Lock-In	Lunch Cherubs, Choristers, GraceNotes Recorders, Cantabile, SONshine Ringers BELLievers
	6 9:15am 9:45am 1pm	13 9:15am 9:45am	20 9:15am 9:45am	2.7 9:15am 9:45am 8pm	Cherut Record BELLie
Thursday	530am Thursday Morning 9:30am Phoebe Circle 5:30pm Mindfulness Yoga 6pm Children, Youth, and Family	The Tower deadline Sarah Circle Thursday Morning Bible Study Mindfulness Yoga Property Committee	Thursday Morning Bible Study Monthly Luncheon Mindfulness Yoga	Thursday Morning Bible Study Mindfulness Yoga Wine, Women, and Word	11:30am 12:15pm 12:15pm 17:45pm
	59:30am 9:30am 5:30pm 6pm Chil	1.2 9:30am 9:30am 5:30pm 7pm	19 9:30am 11:30am 5:30pm	9:30am 5:30pm 7pm W	JAMHIY AUGUSTANA SUFER
Wednesday	Augustana Firm Believers Together Colorado Press Conference: Environment Augustana Ringers Chancel Choir	Augustana Firm Believers Augustana Ringers Chancel Choir	18 7:45am Lutheran Men of Denver 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:30pm Chancel Choir	Augustana Firm Believers Augustana Ringers Chancel Choir	
	4 9:45am 11am 6pm 7:30pm	<b>1 1</b> 9:45am 6pm 7:30pm	18 7:45am L 9:45am 6pm 7:30pm	255 9:45am 6pm 7:30pm	
Tuesday	Library Committee Yoga	Deborah Circle Executive Committee Yoga	Yoga Congregation Council	24 Noon Senior Ministry Committee 1pm The Tower Assembly 5pm Augustana Arts Board 5:30pm Theatre & Theology: Smart People 7pm Rachel Circle	Halloween
	3 9am 5:30pm	1.0 9:30am 5:30pm 5:30pm	1 7 5:30pm 7pm	24 Noon Se 1pm 5pm 5:30pm 6:30pm 7pm	31
Monday	Augustana Augustana Firm Believers Chapel Prayer Tom Augsutana Early Leaming Center Board Center Board Firm Believers 10am Chapel Prayer Tom Mary Circle		Augustana Firm Believers Chapel Prayer Book Group	Foot Care Clinic Augustana Firm Believers Chapel Prayer	Augustana Firm Believers Chapel Prayer
	2 9:45am 10am 7pm Aug	9.45am 9.45am 10am 1pm	<b>16</b> 9:45am 10am 11:15am	23 8:30am 9:45am 10am	30 9.45am 10am
Sunday	Pentecost 17 Worship/Communion Learning/Fellowship Worship/Communion Youth Group Prayer Shawl Ministry	Pentecost 18 Worship/Communion Leaming/Fellowship Worship/Communion Youth Group Chili Cook-off	Pentecost 19 Worship/Communion Learning/Fellowship Worship/Communion Youth Group Middle School Youth Maize in the City	Pentecost 20 Stewardship Sunday Worship/Communion Learning/Fellowship College Care Packages New Members Class Worship/Communion Youth Group "500 Years on the "for Hunger" Brat Fest	Reformation Sunday Worship/Communion Learning/Fellowship Confirmation Reception New Members Class Worship/Communion Youth Group hen + Now + Always": mation Hymn Festival See JASS right
	# H 8am 8:15am 10:30am 11:30am Noon 8	88am 8am 9:15am 10;30am 11:30am	15 8am 9:15am 10:30am 11:30am 1:45pm	8am 9:15am 9:15am 9:15am 10:30am 11:30am Move	29 8am 9:15am 9:15am 9:15am 11:30am 11:30am 4pm "T A Refor