



"Our group brought along arts & craft projects we could do with the children in Ecuador. It was so much fun, as it was a way to connect without speaking the same language."

Shanna VanderWel, Director of Youth and Family Ministry

Additional color photos, page 8

good news!

5000 E. Alameda Ave.
Denver, CO 80246

Augustana

LUTHERAN CHURCH

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The Tower is published monthly for Augustana Lutheran Church, 5000 E. Alameda Ave., Denver, CO, 80246-8104. There is no subscription fee.

Thursday, August 2, 4:30 p.m. is the deadline for the September edition.
Email **Lyn Goodrum** (goodrum@augustanadenver.org).

Sunday Schedule

- 8 a.m. and 10:30 a.m. Worship
- 9:15 a.m. Faith Formation (September–May)

Chapel Prayer

- Monday, 10 a.m., Christ Chapel

Mission Statement

Guided by the Holy Spirit, we gather in Christian community, reach out and invite, offer hope and healing in Jesus Christ, and walk humbly with God.

Congregation Council

President: Emmett Cruson
Vice President: Paul Edstrom
Secretary: Katrina Tamminga Crook
Treasurer: Michael Graham
David Aarestad | Renee Bernhard
Simon Bernhard | Paul Blanchard
Lisa Boe-Sims | Mackenzie Flesch
Nancy Johnson | Sharon Schillereff
Pam Uyemura | Dane Vierow
Rosalee Wanchisen | Karen Yeager
Pr. Ann Hultquist | Pr. Caitlin Trussell

Staff

Ann Hultquist, Senior Pastor
Caitlin Trussell, Pastor (*on sabbatical May–July*)
Lexi Swain, Summer Intern
Lisa Mikolajczak,
Finance Administrator
Jodie McClary,
Faith Community Nurse
Shanna VanderWel, Director of Youth and Family Ministry
Erin Brown,
Children's Ministry Coordinator
Lyn Goodrum,
Publications Administrator
Julie MacDougall, Volunteer Ministry and Building Use
Cindy Lindeen-Martin,
Minister of Music and Organist
LeEtta Choi, Silver Notes Director
Dick Larson, Choral Director
Angela Howard, Choristers and Cantabile Director
Asmir Hodzic,
Building and Grounds Manager
Melinda Gomez and **Andrija Malbasa**, Custodians
Kim Kouba, Wedding Coordinator
Wendie Edwards, Interim Director, Augustana Early Learning Center

Recently lifted up in prayer:

For hope and healing:

- Joann Gagnet, Emma Graham, Joyce Hegstrom, Laura Hesse, Zach Hoffman, Jane Kusek, Allan Schneider, Joe Tripp, Farrel Vikman

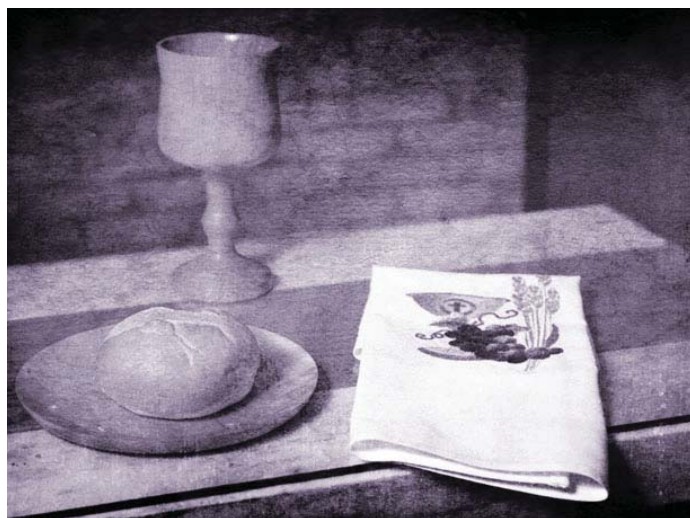
For comfort and courage:

- Family and friends of Harry Benson in his death
- Family and friends of Ray Dillon in his death
- Family and friends of Joni Hopkins in her death
- Wendie Edwards in the death of her brother-in-law, Lloyd Price
- Doug Wittich and family in the death of his wife, Marla Wittich

Thank you for the gifts!

Special Gifts

- In memory of John Cowee, Dee Melicher, Ed Vikman
- In thanks for the availability of Quist Park for a neighbor and her dog



Home Communion, August 19!

Home Communion kits will be blessed at both worship services on August 19 and taken to our home-centered members by volunteers using a liturgy written for home use. Please pray for the communion visitors and receivers. Thank you to the people who are part of this vital ministry to the Augustana friends and members who cannot be at worship. Please call or e-mail Pastor Caitlin (pastor.caitlin.trussell@gmail.com or 303-388-4678) if you would like to receive home communion or if you would like to sign up as a communion visitor.

Rejoice with:

- Rebecca Stuckmeyer and Adam Acree in their marriage, June 2
- Iris Tess and Henry Michael Gerber-Ward, children of Michael Ward and Tess Gerber, in their baptisms
- Parents Miles and Stevi Tamminga and grandparents Craig and Amy Tamminga in the birth of Miles Tamminga Jr., July 2

**God's work.
Our hands.**

Save the date!

This year, "God's work. Our hands." is Sunday, September 9. Stay tuned for details in the September *Tower*.

Lexi's thoughts

I have enjoyed my time interning here at Augustana, and I want to share with you a little bit about my internship. I have learned that with music ministry and youth and family ministry, every day is different. There are always new projects to plan for and be involved in, and I have loved having the opportunity to be a part of so many different areas of these ministries. Some of the most exciting opportunities that I have had as an intern this summer include helping to lead and prepare for S'more Fun and Worship on Wednesday evenings, conducting a handbell sextet, and helping to plan and lead WAM! Camp and the Preschool VBS. By being involved in such a broad range of activities, I have been able to utilize and improve upon the skills I have developed through my studies at Wartburg College, and I have even begun developing new skills. I have learned so much about myself through this internship, and I am looking forward to carrying this experience with me as I go into my last year at Wartburg, then onto my



future career. Thank you, Augustana, for being so welcoming towards me this summer and making my internship experience so wonderful!

Lexi Swain



"Thanks, Augustana!"

To the Pastors, staff, and congregation of Augustana Lutheran church, I wanted to express my sincere gratitude for the thoughts and prayers you have given me to get to the point of actually having my heart transplant. Then for the prayers, cards, and visits since the transplant happened a few weeks ago. It all seems so surreal that it actually happened, but the pain and mobility issues I have encountered remind me that it is all too real. I really appreciate everyone's concerns and well wishes. Now my goal is to get to the gold standard of every transplant patient I have talked to—that being reaching the one-year anniversary of my transplant. Again, I appreciate everyone's friendship. It will still be a few weeks before I can amble into church, but that day will come. Blessings to you all.

Allan Schneider

Thank you for the prayers and support before and after my back surgery. My recovery is progressing well, and I hope to be attending church before long.

Blessings,
Susan Talbot

Congregation of Augustana Lutheran Church,
Thank you so much for your generous hospitality! Your willingness to allow us to use your building enabled us to do our mission trip. Your kindness made a difference!

Blessings and peace to you all from Family of Christ
ELCA, Kearney, Nebraska!

Skyler, Bethany, Jantha, Matthew

Pastor

Augustana's 20/20 Vision

I am the LORD; see the former things have come to pass, and new things I now declare.
Sing to the LORD a new song, his praise from the end of the earth!

Isaiah 42:9–10

Where in the world is Pastor Caitlin?

She is wrapping up her sabbatical, returning August 8. Her column resumes in September.



Welcome-back coffee for Pastor Caitlin

Please join us for coffee and snacks during the regular coffee hour on Sunday, August 12, 9–10:30 a.m., to recognize and celebrate Pastor Caitlin's return to us from her three-month sabbatical. The Congregation Council members will be hosts.

These are just two of the many verses in the Bible that speak about newness, whether in what God is doing, or in how we approach God. As these hot summer days roll on, the Strategic Planning Team has been hard at work, talking and thinking about the new things God is calling Augustana to do, and the new ways God is calling us to be as a congregation.

We've spent time with community leaders, and we've listened to the congregation through the survey and through the large group meeting we held in April. Right now the Team is working together to synthesize much of what's been said into our Core Values and then into Ministry Results Areas (goals)—places where we will put our energy as a congregation over the next few years.

Here are some of the Core Values of Augustana that we've heard from you: worship centered in Christ; the Lutheran theology of God's grace;

serving in the community and the world; nurturing and learning about faith; and welcoming others. Would you add anything else? Feel free to let me or anyone from the Team know what you think is missing.

At the same time, we've begun the early stages of dreaming about what "new thing" we may be called by God to do. Did you know George Washington High, Hill Middle, and McMeen Elementary schools all serve students whose families struggle to put enough food on the table? All of these schools also need people who will care about and mentor children and young people. How might we be partners with them in our immediate neighborhood?

And what about those empty lots that Augustana owns to the east of Quist Park? Interfaith Alliance of Colorado has approached us as one of many congregations in Denver with vacant land. Affordable housing



for seniors and others continues to be a major problem in our city. Some of you know that there was a dream years ago to use our land for just that. Could now be the time that we move forward to be part of a solution?

Please continue to pray for the Strategic Planning Team and the congregation council as we continue this process together. Your ideas and thoughts are always welcome as well.

Looking forward to God's future,

Pastor Ann

There's nothing like a good word

Pastor Caitlin invited people to pick a word from scripture to engage their discipleship and faith for the church year. Each month spotlights a reflection by someone who took her up on a choosing a word.

Called . . .

When Pastor Caitlin invited the congregation to choose a word to reflect upon over the course of one year from 1 Corinthians reading one Advent Sunday last year, I chose the word “called.” I have a habit of feeling excited when given a good idea to deepen my faith, but in all honesty, I too easily let life get in the way of keeping commitments, even to myself. Thankfully, I have noticed the word used in various contexts quite frequently and, mindfully recalling the commitment I made, have spent moments here and there in reflection.

I have usually considered the word “called” myopically, predominantly in reference to an inherent epiphany of a person called to serve as a member of clergy. However, of the 589 times it is used in the Bible, the word frequently applies to all of God’s people. So, what does it mean to be

called? Some may believe that it means fulfilling a vocation, that we are called to a career because we are adept at achieving its requirements, and, if we’re lucky, we actually enjoy it. If I consider this option, I was called to count numbers. Really? While I do enjoy it, I’m not sure it is grandiose enough to be inspired by God. Others feel that being called is receiving a divine inspiration to act upon a civic duty or volunteer position. In a way, perhaps. Still, the word and its meaning seem much bigger.

As I listened to Lexi’s beautiful voice today at worship, as I saw people sharing peace with others on the way to communion, and as I witnessed the tremendous care given to those who might otherwise be ignored or forgotten, the word “called” was there. It represented the times we express our joy, share our kindness of heart and spirit, and give to one another despite the potential cost or burden to ourselves.

We may not always be good at what we are called to do, but we

are not judged on our response to a call, because it isn’t something inspired within ourselves, but rather something done through us in fulfillment of God’s will for love, peace, and service.

God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

1 Corinthians 1:9

Lisa Mikolajczak





ELCA World Hunger

Evangelical Lutheran Church in America

God's work. Our hands.

Glimmers of hope

Boise, Idaho

At Boise Rescue Mission Ministries (BRMM), the meal is the first step. “A warm meal can offer that first glimmer of hope,” says BRMM President and CEO Bill Roscoe. “From there BRMM is able to address the root cause of homelessness and work with individuals to break the cycle of homelessness and transition to independent living.” In his more than 25 years of ministry, Bill has come to see that homelessness is not an isolated issue. That’s why he insists on a holistic approach—addressing barriers to employment, untreated mental illness, spiritual thirst, and more. At five facilities in Southwest Idaho, BRMM offers three meals a day; emergency services like shelter, clothing and showers; employment programs; mental health services; a children’s program; and drug and alcohol addiction

recovery programs. In 2016, the mission served 347,477 meals, provided 144,930 warm beds, handed out 72,400 articles of clothing and helped 600 individuals transition from homelessness to independent living. BRMM’s work is supported by ELCA World Hunger.

Craig* is a participant in BRMM’s programs. Some of Craig’s earliest memories are of growing up in a home where substance abuse was the norm. By the time he was 12, he was using drugs and alcohol. As an adult, he spent years living either in jail or on the streets. When he came to BRMM, it was for an immediate need.

“I didn’t have any money,” Craig says. “I came to the Mission to eat.”

That meal led to something much bigger.



“That plate of food did more than just quiet Craig’s growling stomach,” Bill says. “It spoke to his soul and opened the door to three of our other key ministry areas that have profoundly changed his life.”

Now, Craig not only has a safe place to live, but he is in recovery and has a relationship with God.

Your support of ELCA World Hunger helps make programs like these possible. Thank you.

**Name changed for privacy*

To give a gift for ELCA World Hunger, use the designated envelopes in Augustana’s pew pockets and make checks payable to Augustana Lutheran Church. Or, donate online at www.augustanadenver.org; click on the “Giving” page.

Property Corner

Work progressing in Fellowship Hall and kitchen



Greetings from the Property Committee! In addition to being hard at work on the planned “Touch ’58” projects, we have been doing some standard property projects as well. Current update is as follows:

- Kitchen work scheduled for completion by August 1: cabinets, counter, sink, painting, and lights.
- Fellowship Hall improvements have begun—painting, tile work, and storage area doors.
- Quist Park handicapped-accessible picnic table has been installed, and gravel has been spread around the fire pit area.

- Scrub brush and volunteer trees have been removed from Jewish Community Center property line.

Look for these projects to continue/begin soon:

- Restroom completions—countertops and painting
- Security systems including campus wide video cameras
- Family restroom downstairs below Narthex
- Parking lot striping
- Improved parking lot lighting
- Anna Paulson Room window covering replacement

We are continuing to use the Merrill and Dorie Fie Touch ’58 Fund and

the Capital Improvement Fund as funding sources. Please remember that the Capital Improvement Fund is stocked with congregational giving and contributions from the Augustana Foundation. Your occasional offering marked as being for this fund is making these continuing improvements possible! Thank you!

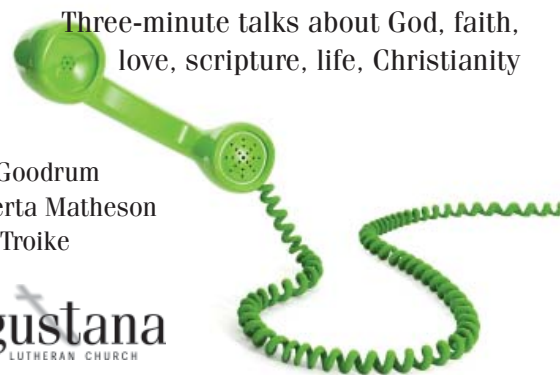
Dial-a-Care

303-996-2733

Three-minute talks about God, faith, love, scripture, life, Christianity

- Lyn Goodrum
- Roberta Matheson
- Don Troike

Augustana
LUTHERAN CHURCH





Enjoy this whole newsletter in full-color!

Sign up to receive *The Tower* by e-mail! It's more colorful, faster, and saves Augustana in production costs! Send an e-mail request to **Lyn Goodrum** (goodrum@augustanadenver.org) or download it at www.augustanadenver.org.

Ecuador, June 10–16

Our group helped move materials needed to build a second story of the health clinic with the ministry Rescate Ecuador. The sand mixture was lifted up by buckets and ropes to the second story. We also had to sift the sand to separate out the particles and rocks that were too large.

Shanna VanderWel



Hear all about Ecuador!

Want to hear about the amazing trip the youth went on to Ecuador? Join us Sunday, August 19, 9:15–10:15 a.m., in Fellowship Hall to see some pictures, ask some questions, see how your support is helping Rescate Ecuador, and sample some Ecuadorian candy.

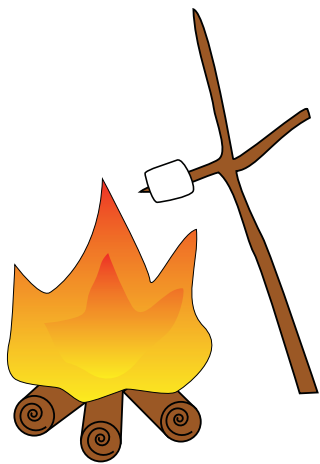


Intro to Camp

Isabelle Howard, Sonja Massie, and Jack Kusek enjoyed their week at Rainbow Trail Lutheran Camp.



More summer photos, next page



S'more Fun & Worship

S'more Fun & Worship participants navigate the labyrinth in Quist Park.



Children, Youth, and Family

Blessing of the Backpacks

Are you heading to school this fall? No matter what your age or grade, bring your backpack to 8 a.m. or 10:30 a.m. worship on Sunday, August 19. During worship you will be invited up to receive a blessing for you and some flair for your backpack!

Bible Breakfast, August 12

All kindergarteners and third- and sixth-graders and their families are invited to the Bible Presentation Breakfast, Sunday, August 12 starting at 9 a.m. We will be serving breakfast food as well as presenting you with a Bible! RSVP to **Shanna** (shanna@augustanadenver.org) by Wednesday, August 8, and include the name and grade level of your child, how you would like your child's name inscribed in the Bible, and how many in your party will be coming for breakfast. Bibles will be presented that day at 10:30 a.m. worship.

Mark your calendars!

Faith Formation for all ages begins Sunday, September 16!



Sixteen students from Augustana attended Confirmation Camp at Rainbow Trail Lutheran Camp.

Music Ministry

JASS gets ready with parent meeting!

Sunday, August 26, noon, Anna Paulson Room

JASS – [pronounced: jazz] Acronym: Jammin’ Augustana Super Sundays (children and youth choirs, handbells and recorders) resumes on Sunday, September 16.

If your child is interested in singing and ringing and learning about Jesus in a fun, musical environment, then this parent meeting is for you! Even if you have been involved in past years, this is an essential meeting for you to register your child, learn about the exciting things planned for the season, and sign up for meal teams. After 10:30 a.m. worship on Sunday, August 26, come enjoy refreshment with a quick bite to eat at our noon meeting. You will meet with **Cindy Lindeen-Martin**, Minister of Music, and the choir directors in the Anna Paulson Room. All information and a Q&A will happen at this meeting. You will want and need to know what is happening. See you then!

AUGUSTANA *Arts*

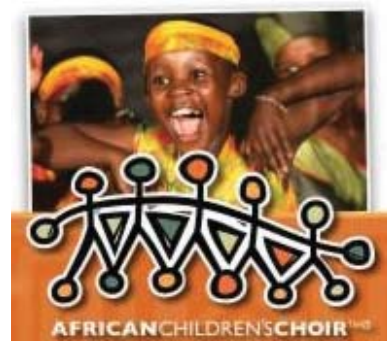
The African Children’s Choir

Thursday, August 2,
7 p.m. at Augustana

Come and experience a performance that shows the beauty, dignity, and potential of each African child as they tour the United States. The African Children’s Choir

melts the hearts of audiences with their charming smiles, beautiful voices, and lively African songs and dances. The program features well-loved children’s songs, traditional Spirituals and rhythmic Gospel favorites. In spite of the tragedy that has marred their young lives, the children are radiant with hope, musically gifted, and always wonderfully entertaining.

Presented by Augustana Arts and City Strings and special partnership with Into Your Hands Africa. Special thanks to our sponsor, The Bank of Denver.



Living healthier all year long—immunizations for adults

We all know how important vaccines are for kids, but did you know we still need vaccines as adults? It is even more important if you are around kids/grandkids, have a chronic disease, or are around people who are vulnerable to disease, such as diabetes, heart or kidney disease, or people whose immune systems are weak.

Here are key vaccines you should be getting:

Flu: Generally flu season is October through May. Getting a yearly flu shot can help you avoid getting the flu, or if you do get it, you may have a milder case. A study on kids in 2017 showed that flu vaccine reduced a child's risk of dying from the flu!

The Center of Disease Control (CDC) recommends a yearly flu

shot for everyone ages 6 months and older.

Tdap (Tetanus, diphtheria, and pertussis): CDC recommends all adults get the Tdap vaccine once and a tetanus/diphtheria booster every 10 years.

Shingles: Vaccination is the only way to protect against shingles and postherpetic neuralgia (PHN), the most common complication from shingles. CDC recommends that healthy adults 50 years and older get two doses of the shingles vaccine called Shingrix separated by 2 to 6 months to prevent shingles and the complications from the disease. Your doctor or pharmacist can give you Shingrix as a shot in your upper arm.

Shingrix provides strong protection against shingles and PHN. Two doses of Shingrix is more than 90 percent effective at preventing Shingles and PHN. Protection stays about 85 percent for at least the first four years after you get vaccinated. Shingrix is the preferred vaccine, over Zostavax, a shingles vaccine in use

since 2006. Zostavax may still be used to prevent shingles in healthy people age 60 and older. For example, Zostavax is used if a person is allergic to Shingrix, prefers Zostavax, or requests immediate vaccination and Shingrix is unavailable.

You should get Shingrix even if in the past you had Shingles, received Zostavax, or are not sure if you had chickenpox.

More info (<https://www.cdc.gov/shingles/about/overview.html>).

Pneumonia: CDC recommends all adults over 65 get two pneumonia vaccines, and it may be recommended earlier if you have certain chronic diseases like diabetes.

Please talk to your doctor or health care team about you and your family's specific needs. Check out the self-quiz from the CDC by searching with the key words "adult vaccine quiz CDC."

(From CDC website 2018, www.cdc.gov/)

Age By Design

Sunday, September 16, noon, Fellowship Hall

How do you choose to age? By default or by design? Because we live in an age-denying society, most of us are not inclined to anticipate the future challenges and opportunities encountered as we age.

So, how can you increase the odds that you will experience an EXTRAordinary life—a life that you love? First, understand the aging process (all facets). Second, identify traveling companions. Third, evaluate the environment. And finally, discern what fills you up, brings you joy, and gets you out of bed every day! Don't let life happen to you. Instead, Age By Design—YOUR Design!

Join Health Ministry for this FREE lively, informative session with **Jane Barton**, (MTS, MASM, CSA), speaker, writer and listener who helps people in confronting the daunting challenges posed by aging, caregiving and the end of life.

A light snack will be served. Contact Augustana's office (303-388-4678) to make your reservation.



Smoke from wildfires presents a risk to your heart

Dry conditions in the western part of the United States have increased the number and severity of wildfires. As of July 5, there are eight fires burning in Colorado and one at the Wyoming Colorado border.

An article in the *Journal of the American Heart Association* indicates that smoke from wildfires may increase heart attack risk. The study showed emergency room visits increase for breathing trouble but also for heart disease, irregular heart rhythms, heart failure, and stroke. Summer heat speeds up the chemical reaction that creates air pollution. In Denver and along the Front Range, smog and haze result from a combination of air-borne particles which include smoke from wildfires. This air pollution can trigger the same heart related risk as wildfires alone.

Those at greater risk include individuals with heart or lung disease, older adults, and children. Children's airways are still developing, and they breathe more air per pound of body weight than adults (Center for Disease Control and Prevention).

Summer time in Colorado sees many people flocking to the Rockies to enjoy the beautiful scenery and participate in outdoor activities. If that is in your plans, please be aware of the wildfires, their location, and the effect of the smoke on your health.

Ammerman Library

Happy Birthday, Colorado!

During August, Augustana's Ammerman Library will celebrate Colorado's birthday (August 1) by featuring books about Colorado and books by Colorado authors. We'll place books in the display case in Fellowship Hall as well as on the endcap next to the children's books. Many Colorado books can be found on the shelves next to the wingback chairs. Look for COLORADO signs placed near shelves where there are even more Colorado books.

Some of our Colorado authors are Krista Halvorson, Lois Hjelmstad, Hope Kelly, Carrie Olson, Lucille Reilly, Linda Tinderholt, Sandra Dallas, John Fielder, Ed Vikman . . . and many more!



Senior Ministry

Summer Barbecue

Thursday, August 9, noon, Anna Paulson Room

Our annual summer barbecue is Thursday, August 9, at noon in the Anna Paulson Room. Gather with friends to catch up on your summer activities and enjoy a delicious lunch prepared by Judy Nyquist and her team. Visitors are always welcome, so we encourage you to invite a friend to enjoy lunch. Reservations are needed! Call Augustana's office (303-388-4678) by Monday, August 6. Cost: \$8.

Fellowship

September Book Group

Hillbilly Elegy, written by J.D. Vance, is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The Vance family story begins hopefully in postwar America. J. D.'s grandparents were “dirt poor and in love,” and moved north from Kentucky’s Appalachia region to Ohio in the hopes of escaping the dreadful poverty around them. But as the saga of *Hillbilly Elegy* plays out, we learn that Vance’s family struggled profoundly with the demands of their new middle-class life.

A deeply moving memoir with its share of humor and vividly colorful figures, *Hillbilly Elegy* is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country.

Join us Monday, September 17, 11:15 a.m.–1:30 p.m. in the Anna Paulson Room, and bring your lunch!

Trailblazers

Staunton State Park Hike

Saturday, August 18, leave Augustana’s south parking lot at 9 a.m.

This park just west of Conifer features varied geology, soils, water features, and a climate that supports rare and unexpected plant communities and a rich diversity of wildlife. We will hike to an old mill site, passing historic buildings and following a stream.

Rating: Moderate

Distance: 6.2 miles round trip

Elevation: 8,100 to 9,120 feet

Guide: **Laurie Scott**
(303-358-5864 or laurajscott@msn.com)

Theater and Theology play reservations needed in August!

Theater and Theology brings members of Rocky Mountain Synod congregations in and near Denver to productions of the Denver Center for the Performing Arts. After viewing a play, we do a talk-back discussion with cast members on theological issues raised in the play. The plays and these discussions can challenge and stimulate our faith and, therefore, the mission of the Church, in a unique way.

Contact **Rosalee Wanchisen** (303-759-9836 or rwanchisen@gmail.com) to reserve a ticket and for information.

Vietgone

Tuesday, September 4, 6:30 p.m., Ricketson Theatre, Tickets: \$35

Bubbling with infectious energy, this rap-spitting, pop culture-crusted dramedy is an ode to the real-life courtship of Playwright Qui Nguyen’s parents. Forced to leave their country during the height of the Vietnam War, two refugees find themselves at the same relocation camp in Arkansas—the land of Harleys, hot dogs and “howdy!” Before they find their way into each other’s arms, they’ll have to blaze a trail in their weird new world and leave behind the baggage they didn’t pack.

Registration with check payable to Rocky Mountain Synod and footnoted “T&T Augustana: Vietgone” must reach Augustana’s office by Sunday, August 12.

Oklahoma!

Tuesday, September 18, 6:30 p.m., Stage Theatre, Tickets: \$35

With a spring in their step and a song in their hearts, cowboys and farmers alike have chased their destinies to a land that promises love, opportunity and a brighter future. This joyful production is set in an all-African-American town in the early days of the Oklahoma Territory.

The first collaboration by the legendary team of Rodgers and Hammerstein has stood the test of time.

Registration with check payable to Rocky Mountain Synod and footnoted “T&T Oklahoma!” must reach Augustana’s office by Sunday, August 26.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|---|
| 5 8am Pentecost 11 9am Worship/Communion 9am Fellowship/Coffee 9:15am Health Ministry 10am Committee 10:30am Worship/Communion | 6 9:45am Augustana Firm Believers 10am Chapel Prayer 7pm Augustana Early Learning Center Board | 7 9am Library Committee 9:30am Youth Ministry: Dead Sea Scrolls Exhibit 5:30pm Yoga 7pm Augustana Foundation Gift Committee | 1 9:45am Augustana Firm Believers | 2 7pm <i>The Tower</i> deadline Augustana Arts: African Children's Choir | 3 9:45am Augustana Firm Believers | 4 |
| 12 8am Pentecost 12 9am Health Ministry 9am Worship/Communion 9am Fellowship/Coffee 9am Bible Breakfast 10:30am Worship/Communion | 13 9:45am Augustana Firm Believers 10am Chapel Prayer | 14 1pm The Tower Assembly 3:30pm Executive Committee 5:30pm Yoga 6pm Children, Youth, & Family Ministry Committee 7pm Augustana Foundation | 8 9:45am Augustana Firm Believers | 9 9am Property Committee 11:30am Senior Ministry 5:30pm Barbecue Mindfulness Yoga | 10 9:45am Augustana Firm Believers | 11 |
| 19 8am Blessing of the Backpacks 9am Worship/Communion 9am Fellowship/Coffee 9:15am Ecuador Mission Trip 10:30am Presentation Worship/Communion | 20 9:45am Augustana Firm Believers 10am Chapel Prayer | 21 Pray. Fast. Act. www.elca/prayfastact 5:30pm Yoga 7pm Congregation Council | 15 9:45am Augustana Firm Believers | 16 5:30pm Mindfulness Yoga | 17 9:45am Augustana Firm Believers | 18 8:45am "God's work. Our hands." ANSAR Pantry 9am Trailblazers: Staunton State Park Hike |
| 26 8am Pentecost 14 9am Worship/Communion 9am Fellowship/Coffee 10:30am Worship/Communion 11:45am JASS Parent Meeting | 27 8am Foot Care Clinic 9:45am Augustana Firm Believers 10am Chapel Prayer | 28 5:30pm Yoga | 22 9:45am Augustana Firm Believers | 23 5:30pm Mindfulness Yoga | 24 9:45am Augustana Firm Believers | 25 |
| | | | 29 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:30pm Chancel Choir | 30 5:30pm <i>The Tower</i> deadline Mindfulness Yoga | 31 11:30am Publications Volunteers Appreciation Luncheon | |

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Denver, CO 80246



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August BIRTHDAYS

- 1** Harvey Crow
Joseph Gay
Cassie Kah
Luc Meyer
Orvid Olson
Ruth Spano
- 2** Michael O'Malley
Harriet Anne Post
Cara White
- 3** Ethan Mock
- 4** Philip Calvert
Bertil Nilemo
Peggy O'Connell
- 5** Brandon Earl
Robert Garvey
Joy Hawkins
Reilly Miller
Karen Yeager
- 6** Margaret Aarestad
Jane Carlstrom
Andrew Kastens
Molly Mulligan

- 7** Randy Degerness
Richard Gleason
Dorothy Haner
Althea Haraguchi
Nora Johnston
Laila Kauffman
Helma Sjodin
Claire Trautmann
- 8** Spencer Crona
Jon Genovese
- 9** Gloria Boodt
Dick Parkins
- 10** Robert Black
- 11** Angela Alexis
- 12** Katelyn Morris
Mary Beth Smith
Viola Stekel
- 13** Carlos Beer
Jan Miller
Emma Nestell
Sofia Nestell

- 14** Joy Dillon
- 15** LuAnne Mickelson
Carole Thurnau
Eugene Trautmann
- 16** Margaux Giordano
Pamela Uyemura
- 17** Blaine Anderson
CJ Brown
Susan Hill
- 18** Neil Bridge
Ulrich Klein
- 19** Ellen Mangione
Roma Rehkow
Rolf Stavig
Kimberly Thompson
Joyce Thomson
- 20** Kailani Blair
Martin Dumler
Isaac Edstrom
Ashby Kouba
- 21** Cindy Brogren
Hjordis Hawkins
Dan Logsdon
Brody Snyder
Susan Sewald
- 22** LeEtta Choi
Adelyn Flesch
Kendall Flesch
Ken Martin
Valerie Towery
Caitlin Trussell

- 23** Gabriel Brown
Lianne Hass
- 24**
- 25** Christian Backes
Edward Havranek
Otto Jacobs
- 26** Lisa Hughes
Alexandria Lawrence
Rosalee Wanchisen
- 27** Giovanni Ansaldi
Frank Bair
- 28** Aaron Beazer
Debbie Carter
Robin Hoffman
Ruth Thornton
- 29** Jack Davenport
- 30** Brady Woods
- 31** Paul Blanchard
Keith Conant
Duane Fadness

*If your name should have
been on this list but wasn't,
please call Augustana's
office (303-388-4678).*