

The Dakota Land Initiative and loving our neighbors

A scribe asked Jesus: "Which commandment is the first of all?" Jesus answered, "The first is, 'Hear O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

Mark 12:28-31

Our congregation has the opportunity right now to discover together what it means to love our neighbors in a concrete way. As part of our Strategic Planning, a task force has been working for the past six months with the Denver organization Interfaith Alliance and their partner Radian Architects. (Members of the task force are Emmett Cruson, Craig Tamminga, Rhonda Crossen, Greg Hempelman, Paul Blanchard, and Pastors Ann and Caitlin.)

continued, page 4



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Augustana

LUTHERAN CHURCH

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Thursday, May 9, 4:30 p.m. is the deadline for the June edition. Email **Lyn Goodrum** (goodrum@augustanadenver.org).

Sunday Schedule

- 8 a.m. and 10:30 a.m. Worship
- 9:15 a.m. Faith Formation (September–May)

Chapel Prayer

- Monday, 10 a.m., Christ Chapel

Mission Statement

Celebrating God's grace, we welcome everyone to worship Jesus, grow in faith, and go serve in the world.

Congregation Council

President: Lisa Boe-Sims
Vice President: Dane Vierow
Secretary: Karen Yeager
Treasurer: Michael Graham
Renee Bernhard | Paul Blanchard
Katrina Crook | Emmett Cruson
Mackenzie Flesch | Michael Gentes
Nancy Johnson | Ellen Kastens
Sharon Schillereff | Dan Taron
Pam Uyemura | Rosalee Wanchisen
Ogden Willoughby | Michael Zumwalt
Pr. Ann Hultquist | Pr. Caitlin Trussell

Staff

Ann Hultquist, Senior Pastor
Caitlin Trussell, Pastor
Lisa Mikolajczak, Finance Administrator
Jodie McClary, Faith Community Nurse
Shanna VanderWel, Director of Youth and Family Ministry
Lyn Goodrum, Publications Administrator
Julie MacDougall, Volunteer Ministry and Building Use
Cindy Lindeen-Martin, Minister of Music and Organist
LeEtta Choi, Silver Notes Director
Dick Larson, Choral Director
Chris Maunu, Assistant Choral Director
Angela Howard, Choristers and Cantabile Director
Asmir Hodzic, Building and Grounds Manager
Andrija Malbasa, **Steven Rojas**, Custodians
Kim Kouba, Wedding Coordinator
Wendie Edwards, Director, Augustana Early Learning Center



Thank you, Jodie McClary

Jodie McClary, Augustana's Faith Community Nurse, will be leaving our congregation this month. Family circumstances and responsibilities need her attention, so she has decided to leave Augustana to better care for those she loves. Jodie has been with us since October 2017. During her time with us, she has provided Christ's love, healing touch, and a listening ear to many, many people in the congregation. In addition, she has coordinated educational opportunities about health-related issues for the congregation and the community.

On Sunday, May 19 during Coffee Hour, 9:15–10:15 a.m., in Fellowship Hall, we will say thank you to Jodie and wish her God's blessing as she moves into this new future. In addition, we will pray for and bless her during 10:30 a.m. worship that day. Please join in expressing your appreciation to Jodie for her ministry with us!

Rejoice with

- Miles Edward Tamminga, Jr., son of Miles and Stevi Tamminga and grandson of Craig and Amy Tamminga, in his baptism
- Michael Zumwalt and Finley Zumwalt in the birth of their granddaughter and niece, Therese Zelly Zumwalt

Congratulations

to retired pastor and Augustana member **John Bengston**, who is celebrating the 55th anniversary of his ordination! John was ordained as a pastor May 20, 1964.

Recently lifted up in prayer

For hope and healing:

- Mary Ellen Anderson, Sarah Bahn, Ned and Kathy Daugherty, David Dooley, Bev Garvin, Sandra Hagevik, Lynn Hammond, Doris Hjelmstad, Mary K., Kelly Lamb, Patty Lockhorn, Terry Mieger, Megan Mohs, Maggie Morris, Nancy Rosehill, Jane Smith, Kirk Smith, Pastor Matthew Weber, Rich

For comfort and courage:

- Adé Benson in the death of her father, Christopher J.A. Williams
- Nick Massie in the death of his friend, Becky Conzelman

- Family and friends of Frances Linemeyer in her death
- Family and friends of Pastor Keith Swenson in his death
- Jo Ann Wacker-Farrand in the death of her friend, Corinne Kent-Weeks
- Family and friends of Ralph Zipp in his death
- Betty Nyby in the death of her brother, Jim Larsen
- Family and friends of Agnes Spino
- Kisanet Seare in the death of her grandmother, Brikti Bemnet
- Linda Tinderholt in the death of her friend, Harold Hein

“Thanks, Augustana!”

Dear Augustana, as hard as it is to believe, the 28th of May will mark one year since my heart transplant. I just want to thank the congregation, staff, and pastors for their thoughts, prayers, and well wishes during this time. They have meant a lot to me and kept me going through this time of recovery. I consider all of you part of my recovery process and helping me to “be reborn,” as it were. I thank you and my new heart thanks you. Blessings to you all.

Allan Schneider

Augustana Foundation

Eden James Cockrell received a MIF4KIDZ Investment Gift in honor of her baptism, thanks to the Augustana Foundation.

Dog days of summer: Photos requested!



Submit a photo of your dog or cat or bird or ____ for the summer *Tower* newsletters of June, July, and August. Along with a high-resolution photo, submit your pet's name, age, and your name. Alongside the photos, we'll invite prayers for your family's pet(s).

Submit your photo on the “News/Blog” page of Augustana's website (<http://www.augustanadenver.org/dog-days-of-summer-photos-requested/>).

From Saint Francis of Assisi:

A tool in your hand I am, dear God,
the sweetest instrument you have
shaped my being into
what makes me now complete—
feeling the soul of every creature against my heart.
Does every creature have a soul?
Surely they do;
for anything God has touched will have life forever,
and all creatures he has held.

Strategic Planning

Each month, one of the members of the Strategic Planning Team will offer their reflections on our process and their hopes for the future.

Strategic Plan Reflections and moving forward: Nancy Johnson

Being part of the Strategic Plan work group was an honor and a privilege. This was a team of talented and caring people. Part of the assignments for the strategic planning group was to review the church's history and identify both our community and congregational needs. The values and guiding principles of Augustana were very much revealed through community interviews, congregational input (surveys and forums), and input from our staff and consultant.

Looking back at the past 10 years of Augustana ministry, I feel high appreciation for our staff and volunteers. Volunteers have put in countless hours! They are our unsung heroes.

The mission statement and goals taking us into the next three years are both exciting and challenging. Our volunteers have never been more important. My personal hope is that we have identified areas that will motivate individuals to step up and get involved, especially individuals who have always wanted to do more. Involvement includes time, talents, and resources (including new ideas, and input). We are just beginning! Each and every one at Augustana can make a difference.

My hopes:

- I want Augustana to be an even brighter light in our community.
- I want Augustana to continue to be a place to feel God's presence, and to attract others to find God.
- And personally, I want to grow my faith and show in my actions that I am following the path of Christ. I have this hope for every person who comes to Augustana.

Nancy Johnson

Pastors

The Dakota Land Initiative and loving our neighbors

continued from cover



These two non-profits are committed to helping faith communities like Augustana explore how vacant land owned by congregations might be used to provide affordable housing. (Note: currently in the Denver market, those who qualify for affordable housing are families of four earning

between \$45,000–72,000. Teachers, first-responders and other professionals could qualify.)

During this process, we have discovered that our vacant property on Dakota Avenue, combined with property we also own to the south of Quist Park, might be suitable for this type of development. I hope you were able to be at the informational meeting April 28 to hear and see more specifics. If not, please join members of the task force in Fellowship Hall during Coffee Hour, 9:15–10:15 a.m., May 5 or 12 to learn more about this possibility.

At their April meeting, Augustana's congregation council voted to call a special Congregational Meeting on Sunday, May 19 at 9:15 a.m. in Fellowship Hall. The purpose of this meeting is to ask the congregation for permission to issue a Request for Proposal (RFP). An RFP gives us the ability to ask partners, such as Habitat for Humanity, if they would be interested in submitting a proposal to assist in developing our property. This is just the first step in this process.

Key points about this initiative:

- This effort is based on an idea suggested by Augustana members—we were not approached by any outside group or developer.
- Augustana will retain ownership of the land through a ground lease agreement.
- Quist Park will remain the same size and will continue to be available to the congregation and the neighborhood.

- Any development would be designed to fit in with both Augustana's campus and the neighborhood, and we would be in conversation with the neighborhood moving forward.

At our April congregation council meeting, a life-long member of Augustana said "This is one of the most exciting things we've ever thought about doing!" I pray that you will come to share that excitement as we move forward and discover new ways to love our neighbors.

Pastor Ann

Congregational Meeting

Sunday, May 19, 9:15 a.m.

Fellowship Hall

The purpose of this meeting is to ask the congregation for permission to issue a Request for Proposal (RFP). An RFP gives us the ability to ask partners, such as Habitat for Humanity, if they would be interested in submitting a proposal to assist in developing our Dakota Avenue property.

Please read Pastor Ann's column beginning on the Tower cover for more information.



Handy Happenings of New Life



Those of us in the Northern Hemisphere get to experience Easter and spring simultaneously this year, which is super handy. New life abounds literally everywhere as perennials pop up green and budding while birds fly back to our latitude

for nesting. It's also handy to see new life popping up in the congregation in the form of new babies, new visitors, new families, and new members. Ministries are also teeming with new life. Social/Global/LEAPP ministries continue integrating with the newly established co-chair leadership of Laura Libby and Casey King. Transforming our vacant land at Dakota and Fairfax through the Congregation Land Campaign while maximizing our green space and park to its westerly border continues to move through the decision-making process inspiring new imaginings for our community partnerships. New life even pops up quietly in weaving done by Nina Forgo before she died to enliven the communion altar in Christ Chapel.

Where else do you see new life? In your own life or in the life of Augustana? Perhaps you're going through challenges that make it difficult to see life at all. Sometimes our lives don't align with the season of the earth or the season of the church. This is when the prayers and practices of the church's life can cocoon you while you grieve or heal and when siblings in Christ can pray for you when you find you can't pray at all. Perhaps you are in a place where new life seems overwhelming because it's happening too fast to absorb. We're not alone as individuals but brought together to regularly share in the new life given to us by the risen Christ as the body of Christ for each other and the world. This is how it all works. Thanks be to God for new life! Alleluia!

Peace,
Pastor Caitlin

Glocal Involvement

New Co-Chairs for Social/Global/LEAPP Ministries!

Laura Libby and **Casey King** are the two new co-chairs coordinating the direction of the three ministries! A big thank you to both of them for bringing their skills and passion for outreach ministry into this new role. The first thing they'll do is get to know the people currently involved with some in-person conversations.

For everyone interested in these ministries, please save the dates for:

- Sunday, June 2, 9:15–10:15 a.m.—Ministries and living out the Strategic Plan
- Sunday, August 11, 9:15–10:15 a.m.—First meeting of the three ministries with co-chairs Laura and Casey



Lydia, Sean-Casey, and Amy King



Laura and Tim Libby

Reaching out to our Muslim Neighbors

The people of Augustana signed notes of condolence, encouragement, and support to our Muslim neighbors over the course of several weeks. In addition to the handwritten notes and signatures, the notes read:

The people of Augustana Lutheran Church are with you in solidarity and prayer. Our hearts go out to yours in the devastating loss of life to fellow Muslims in New Zealand and around the world as well as the daily hostility you receive in small and large ways here in Denver. We stand with you in peace against this violence to your community which is a vital part of the whole community.

The decision was made to send color copies of these 11 note pages to 14 Denver area Muslim communities so that they could see the fullness of our support. Please let Pastor Caitlin know if there's a community we missed.

Masjids, Mosques, and Muslim communities:

- Masjid Al-Salam (Colorado Islamic Center)
- Multicultural Mosaic Foundation, Rocky Mountain Islamic Center
- Islamic Center of Golden
- Colorado Muslim Community Center
- Colorado Oromo Muslim Community Center (Masjid Bilal)
- Lady Fatima Center
- Masjid Abu-Bakr (Colorado Muslim Society)
- Bosnian Educational and Culture Center of Colorado (Mile High Islamic Center)
- South East Aurora Islamic Center
- Masjid Al Shuhada'a (Colorado Dawah Inc)
- South Denver Islamic Center
- Northeast Denver Islamic Center (Masjid Taqwa)
- Denver Islamic Society (Masjid Al Nur)
- Denver Ismaili Jamatkhana



Maria Droste Spring Blossoms Gala

Augustana has a long history with Maria Droste Counseling Center that includes their origins. You're invited to celebrate their 30th Anniversary at the annual Spring Blossoms Gala on May 10.

For ticketing and more information: <http://www.mariadroste.org/springblossoms/>

Spring Blossoms Gala Event Information

- Date: Friday, May 10
- Time: 5:30–9:30 p.m. (reception, silent auction, dinner and program)
- Location: Infinity Park Event Center, 4400 E. Kentucky Ave., Glendale, CO 80246
- Parking: Limited free parking available—ridesharing, Lyft/Uber encouraged!
- Attire: Business/Cocktail
- Tickets: On sale now!
- Pricing: \$140/ticket or \$1,400/table

Make Mother's Day special with a donated car for a single woman in need

Hands of the Carpenter (Hands) is a local nonprofit serving single mothers in need and other women, such as older widows and individuals escaping domestic violence. Hands accepts and utilizes car donations to support women striving to maintain employment, care for their families, and achieve self-sufficiency. Any car will be accepted although ones 5–10 years old are most preferred—running or not.

For more information regarding this tax-deductible donation opportunity, go to www.ehands.org and click on the Donate a Vehicle button at the top of the homepage. Hands is a faith-based nonprofit and one of Augustana's Glocal Ministry partners.

Two thank-yous from Metro Caring

Dear Augustana Lutheran Church,

Thank you so much for your gift of 676 pounds of in-kind goods during January, February, and March. Your generosity allows us to continue our anti-hunger work while living out our mission to nourish neighbors, provide tools to thrive, and foster community. . . .

We are so grateful for your support of Metro Caring's mission. Let's continue to work together so that all people in Denver will have the nutritious food they need to live healthy and productive lives.

Dear Augustana Lutheran Church,

We would like to take a moment to thank you for your contribution during the months of January, February, and March 2019. Your investment helps us build equity by nourishing neighbors, providing tools to thrive, and fostering community.

Recently, a participant named Gail came to us in obvious need, requesting a voucher for an ID and birth certificate. She walked gingerly into our Welcome Center, greeting staff and volunteers tentatively with two badly blackened eyes. She had been a victim of domestic abuse and lost her driver's license and birth certificate as a result of it. Fortunately, Gail found the strength to seek domestic violence support. With the help of her new identification, Gail is now able to obtain emergency housing and other services, and is well on her way to starting her new life.

Gail's story of courage and strength is just one of the countless stories of other participants who come to Metro Caring depressed and feeling hopeless and find the strength and courage to seek support. When we are able to say "yes, we can help you with that!" it gives individuals hope, as well as the tools they need to thrive. Last year, Metro Caring was able to distribute 685 ID vouchers and 240 Birth Certificate vouchers to our neighbors each month, none of which would be possible without your support.

Sincerely,
Teva Sienicki

Lutheran Family Services

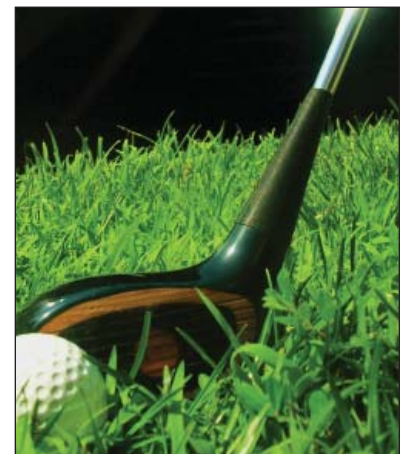
Foster Families

Each year in Colorado, thousands of kids are unable to live with their biological parents because of abuse or neglect. We need families who can provide temporary care until children reunify with their parent as well as families willing to adopt children and teens in foster care if they can't return to their families. An informal Q & A session for foster care will be held Wednesday, May 8, 12:30–1:30 p.m. or 5:30–6:30 p.m. at the LFS Denver Metro office (363 S. Harlan St., Suite 105, Denver, 80226). Please register with **Nicole** (nicole.brown@lfsrm.org or 303-217-5852). One-on-one meetings can also be arranged to work around your busy schedule.

The refugee program has had a good start to the year, and we hope to welcome even more refugees this coming year with your help! We are low on bath towels, pillows, twin-sized bedding (sheet sets and comforters), and cookware (pots and pans). Can you help give a warm welcome to a new refugee family by donating new or gently used items? If so, contact **Jaime** (jaime.blanchard@lfsrm.org or 303-217-5181).

Play golf and support LFS!

Are you passionate about helping those in need in our community? Do you love to play golf? Join us for Lutheran Family Services' Annual Tee Off for Hope on August 15 at the Hiwan Golf Club in Evergreen, CO! Please go to www.lfsrm.org/events for more information.





ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

Hungry, thirsty, tired AID truck comes, people crowd Line long—none for me

Hunger—even though there is enough food, 800 million people around the world face chronic hunger. ELCA World Hunger is our ministry to end hunger and poverty. We are walking with people in 60 countries and are called to the ministry of hope, liberation and restoration.

Director Pastor Dan Rift, ELCA World Hunger, states: “We know by faith that, when it comes to the seemingly insurmountable problems of hunger, poverty and human need, God will have the final word. And that word will be “ALLELUIA!”

According to the World Food Bank, an estimated 763 million people live in extreme poverty on less than \$1.90 per day. That is 10.7 percent of the world's population. Our gifts make a significant impact to support projects in agriculture, water, health, advocacy education, and much more.

Augustana continues to generously support ELCA World Hunger and Lutheran Disaster Response. On behalf of ELCA World Hunger, we thank each of you for your continued financial support and prayers.

We also thank Lyn for publishing the stories from the countries where our ELCA Hunger funds are changing lives, so look for these articles in the *Tower*.

Submitted by **Jean Gall**, Global Mission

To give a gift for ELCA World Hunger, use the designated envelopes in Augustana's pew pockets and make checks payable to Augustana Lutheran Church, or donate online at www.augustanadenver.org; click on the “Giving” link.



Schedule your evening to worship with the women of New Beginnings!

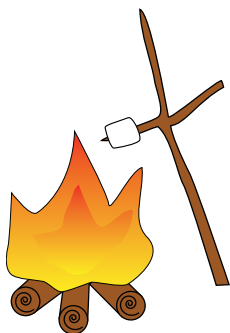
You've been seeing them included in the weekly prayers, but maybe you aren't sure what New Beginnings Worshipping Community at the Denver Women's Correctional Facility is all about.

You are invited to come worship alongside incarcerated women on an upcoming Friday evening. **Holly Massie**, a New Beginnings Worshipping Community Volunteer, will accompany you. You may expect a warm welcome from the women and a liturgical church service similar to what you experience at Augustana on Sunday mornings.

Augustana members and friends will have regular Fridays to participate in worship. Participants will meet at Holly's home in Stapleton at 5:30 p.m. and drive over together. Please email Holly (hollyjmassie@yahoo.com) by the reservation deadlines below along with your selected dates to let her know your interest, so she can get you started on the background check process.

Worship date	Reservation deadline
Friday, June 21	Friday May 24
Friday, August 16	Friday, July 19
Friday, October 18	Friday, September 20
Friday, December 20	Friday, November 29

Worship



S'more Fun & Worship

Enjoy another summer of worship and fellowship in Augustana's Quist Park. Every Wednesday in June and July we gather—rain or shine—for a potluck meal (we provide the protein), games, a camp style worship, and, of course, s'mores. We will begin eating at 5:30 p.m. and worship at 6:30 p.m. You may want to bring

a water bottle and a lawn chair/blanket.

New this year: You are invited to bring your instrument for an informal time of playing music together following worship.

If we get rained out, we will be in Fellowship Hall.

Celebrating Nina Forgo and the completion of her paraments for Christ Chapel

Nina brought her creative gifts in full while a member of Augustana. In the years before her death, she also wove paraments for the communion altar in Christ Chapel—table runners of sorts.

At the invitation of Pastor Caitlin, the paraments have now been completed by the thoughtful creativity of Erin Saboe (Willoughby) that included consultations from the weavers of Alpaca Nationals and a local church fabric supplier. It is fitting that the paraments are ready in time for worship in Christ Chapel during the Easter Season. We join her husband, Mark Caldwell, in thanking God for Nina and celebrating her gift to the worship life of Augustana.



Nina Forgo



Coffee Hours hosted by Congregation Council

At the February Congregational meeting, the Congregation Council planned to host Coffee Hour the first Sunday of each month. However, the council realized that two other groups had also planned to host Coffee Hour the first Sunday of the month. So the updated plan is that the Congregation Council will host Coffee Hour these dates in 2019: May 5, August 4, October 6, and December 1. Thank you, and we look forward to meeting you and talking with you!

Lisa Boe-Sims,
Congregation Council President

Check out Augustana's new video

<http://www.augustanadenver.org/videos/>

"Finding Peace in a Place of Welcome"

Augustana's welcome is reflected on by the pastors. The exclusion many are experiencing in the world gives us this opportunity to be clear about God's unconditional love for the world and for you. You're invited to experience peace in this place as we celebrate God's grace in Jesus.

Many thanks to **Ken Rinehart**, the master storyteller who weaves it all together. Feel free to share via e-mail and social media! (It's part of how this all works!)

Music Ministry



Time to register!

July 22–28, 2019

Are you coming to WAM!?

Who: All children who have completed grades 1–7, Augustana children and friends in the community!

What: Learn how to create scenery, backdrops and props; explore your dramatic side; sing and discover great music!

When: July 22–28, 2019 (Monday through Friday 9 a.m.–2 p.m., Saturday, 9 a.m.–noon, and Sunday morning worship, 10:30 a.m.)

Where: Augustana Lutheran Church

Cost: \$75 per child; \$125 cap for families

Register: Forms will be available online (www.augustanadenver.org) and at Augustana's entrance tables beginning April 15.

Each weekday begins at 9 a.m. and concludes at 2 p.m. Every day includes breakout sessions in art, dance, drama and music. On Sunday, July 28 at 10:30 a.m. worship, we will present the musical we will be working on throughout the week.

Participants are expected to participate each day, culminating in the Sunday worship and presentation of the musical.

We need volunteers for help in art and drama, serving snacks, and moving kids from one class to another. If you or your teenager would like to sign up as a volunteer, please contact **Cindy Lindeen-Martin** (lindeen-martin@augustanadenver.org) for a volunteer form.

We can't wait to see YOU at WAM!

Children, Youth and Family Ministry



Explore how to shine God's light at Vacation Bible School!

Augustana hosts Vacation Bible School led by counselors from Sky Ranch Lutheran Camp, Monday, July 15–Friday, July 19, 2019. Children currently in grades Kindergarten through 5th grade are invited to explore the theme “Shine!” through Bible study, recreation, arts & crafts, music, devotions and environmental education, Monday through Thursday, 8 a.m.–4 p.m. and Friday, 8 a.m.–noon. Cost: \$50/child; maximum \$100/family.

Important: In addition to completing the online registration below, all campers must download, complete, and submit the 2019 Participant Health Form. Mail completed forms to Augustana Lutheran Church, 5000 E. Alameda Ave., Denver CO, 80246. You may also email the form to info@augustanadenver.org.

Not young enough to participate in VBS but still want to help?

- Youth 6th grade and older and adults are invited to help volunteer at VBS. You can stay all day or come for shorter times.
- Evening meals for counselors are needed Sunday–Thursday, July 14, 15, 16, and 18. You can host them at your home or at a restaurant, bring meals to Augustana, or even provide gift cards so they can go out and eat.
- Hosts are needed to provide lodging for our counselors and breakfast each day.
- Provide packed lunches for our counselors July 15–19.

- You can also contribute to our list of needed items for VBS. Please drop them off to Augustana's office by Friday, July 12.

Needs:

- Individual fruit cups and apple sauces
- Microwave popcorn
- Individually wrapped snacks such as granola bars, crackers, etc.
- Cheese sticks

For additional information on registering for, helping with, or donating items for Vacation Bible School, contact Director of Youth and Family Ministry **Shanna VanderWel** (shanna@augustanadenver.org or 303-388-4678).



Faith Formation Bash

All children and adults are invited to join in the celebration of another year of learning and growing in our faith!

Sunday, May 5, 9–10:30

a.m., there will be a bouncy house and obstacle course inflatable in Augustana's courtyard along with other games and fun. We will also have cards you may sign for our Faith Formation teachers. Let's join in thanking them for their hard work throughout the year!

Augustana Bowling Night

On Monday, May 20, bowlers of all ages and skills are invited to come bowl at Bowlero Heather Ridge (2200 S. Peoria St., Aurora). We have rented three lanes, 6–8 p.m. Cost is \$5 per person plus your shoe rental. RSVP to **Shanna** (shanna@augustanadenver.org) by Friday, May 17.



Youth Mission Trip Trading Cards are now available!

Want to support those attending the summer mission trip? Trading cards of each participant are available for

purchase on Sundays or from Shanna.

Use these cards to pray for the participants as they travel this summer. Collect all 20 and discover some truths and lies about the participants. Suggested donation is \$5 per card.

Help spiff up Quist Park

Help us get Quist Park ready for summer on Sunday, June 2 following worship around 11:30 a.m. We will be sanding the benches and giving them a new coat of waterproof sealant. We will also do some fire pit maintenance and grill some hamburgers and hot dogs. RSVP to **Shanna** (shanna@augustanadenver.org or 303-388-4678) by Friday, May 31, so we have enough food.

Senior Ministry

May Monthly Luncheon

Thursday, May 16, 11:30 a.m., Fellowship Hall

Our final monthly luncheon of this season will feature a "Musical Variety Show" by **John Gilmore**. Enjoy a delicious lunch prepared by Judy Nyquist and her crew and fellowship over lunch. For luncheon planning purposes, your reservation is needed at Augustana's office (303-388-4678) by Monday, May 13. The cost is \$8 per person. Senior Ministry encourages you to invite a friend or neighbor to join you—all are welcome.

Health Ministry

Learning to speak Health Care

Colorado's health care market is buzzing with people trying to create transparency, reduce costs, and expand access, but what does that mean for you as a consumer?

To start, it is good to learn a few key terms:

(source:<https://www.cms.gov/ccio/resources/files/downloads/uniform-glossary-final.pdf>)

- **Allowed Amount** is the maximum amount on which payment is based for covered health care services.
- **Co-insurance** is your share of the costs of a covered health care service, calculated as a percent (for example, 20 percent) of the allowed amount for the service. You pay co-insurance plus any deductibles you owe.
- **Co-pay** is a fixed amount that you pay for a service.
- **Current Procedural Terminology (CPT)** is a medical code set that is used to report medical, surgical, and diagnostic procedures and services to entities such as physicians, health insurance companies, and accreditation organizations.
- **Deductible** is the amount you owe for health care services your health insurance or plan covers before your health insurance or plan begins to pay.

So how do you ensure you know what you'll be charged before you get a service?

- Call the billing departments and ask what your estimate will be.
- You can get the CPT code from your provider and ask for the estimate of costs that the provider anticipates your portion will be.
- You should also call the facility where you'll receive

the service, and ask what the costs are for the CPT code. Make sure that both the provider and the facility are in network with your insurance. Being in-network means your insurance has a contract with the provider or facility. If you go to an out-of-network provider or facility, you can end up paying for a greater portion up to the full amount.



This is all very confusing, even for those who work in health care. The good news is there are resources to help you.

Health care information resources

The **Colorado Consumer Health Initiative (CCHI)** advances the consumer voice to improve access to health care for all Coloradans by working statewide

for progress toward equity, access, affordability and quality. You can call (303-839-1261), email (help@cohealthinitiative.org), or visit them on their website (<https://www.cohealthinitiative.org>) for more information.

The **Center for Improving Value in Health Care (CIVHC)** strives to empower individuals, communities, and organizations through collaborative support services and health care information to advance the Triple Aim of better health, better care, and lower costs. They put out tools that help you 'shop for care' and learn more about cost, utilization, and quality of services in Colorado. Visit <https://www.civhc.org/get-data/public-data/interactive-data/> for more information.

There are also new policies moving forward in the current legislative session that will help. In particular the Hospital Transparency Bill will require hospitals to share more of their financial information (<https://leg.colorado.gov/bills/hb19-1001>).

9Health Fair held at Augustana April 8 and 9

Hosted by Augustana Lutheran Church in partnership with Congregation Temple Emanuel, the 2019 9Health Fair held at Augustana again this year promoted healthy lifestyles with free and low-cost screenings to 700 participants in our community and greater Denver area.

The effort to keep the community healthy is only possible because of the contributions of time and talents from our 95 medical volunteers and 50 non-medical volunteers!

A special thank you

- to the Augustana staff: Lyn Goodrum, Lisa Mikolajczak, Seki, and Julie MacDougall; Judy and Win Nyquist and their kitchen crew
- to the Augustana 9Health Fair leadership team: Joyce Thomson, Site Coordinator, Sarah Jacobsen, Nancy Cowee, Kari Degerness, EJ Amrhein, Judy Peters, Nancy Johnson, Jodie McClary, and Cindy Friedland, member of Temple Emanuel
- and to those who helped set up and clean up: Michael Zumwalt, Roger Loots, Howard Jacobsen, George Lupiba, Randy Degerness, Paul Blanchard, and Rick Bebee

Fellowship

Trailblazers

Castlewood Canyon State Park Hike

Saturday, May 11, leave Augustana's south parking lot at 9 a.m.

We will hike the East Canyon Trail. The trail goes under Hwy. 83, into rocky canyons, and spills out onto the open prairie for a bit.

Rating: Easy to moderate

Distance: 4-mile lollipop loop

Elevation: 6,600 feet

Guide: **Jim Bull** (303-466-0576 or jebull2@hotmail.com)

Book Group

Join us Monday, May 20 as we share our thoughts about James Bowen's *A Street Cat Named Bob*.

James is a street musician struggling to make ends meet. Bob is a stray cat looking for somewhere warm to sleep.

When street musician James Bowen found an injured cat curled up in the hallway of his apartment building, he had no idea how much his life was about to change. James was living hand to mouth on the streets of London, barely making enough money to feed himself, and the last thing he needed was a pet. Yet James couldn't resist helping the strikingly intelligent but very sick animal, whom he named Bob. He slowly nursed Bob back to health and then sent the cat on his way, imagining that he would never see him again. But Bob had other ideas.

We'll be in the Anna Paulson Room at 11:15 a.m.

In June, we will share a potluck lunch and ideas for our fall meetings. Contact **Nora Johnston** (303-353-8396) if you are interested in coming.

Women, Wine, and Word

This Bible study for women of all ages will begin again in September. Please watch the bulletin announcements and the *Tower* for information.



AUGUSTANA *Arts*

Gala thanks!

On behalf of the musicians, Board of Directors, and staff of Augustana Arts, we extend our heartfelt thanks and appreciation to the entire staff of Augustana Lutheran Church for their support and hard work to ensure the success of the 2019 Heart for the Arts Gala on April 6. The Gala was a tremendous success thanks to the hundreds of individuals and community partners who donated their time, energy, and resources to this special evening. We were thrilled that over 200 guests were able to enjoy the evening, and we were especially pleased to raise over \$25,000 at the Gala! The support of the Augustana Foundation and members of the congregation is a powerful and inspiring example of the positive impact of our shared commitment to gather community, support the arts, and delight the spirit through performance, education, and engagement. The generosity of our community to bring life-changing music experiences remains a vital facet in our success, and we thank everyone for their support of our vision to enrich and transform lives through encounters with the arts.

Colorado Women's Chorale presents "Carnegie Hall Masterworks"

Saturday, May 11, 7:30 p.m., at Augustana

This show will celebrate the homecoming of the Colorado Women's Chorale from their tour to New York to sing at Carnegie Hall in March of 2019! The repertoire chosen this year for Carnegie's Festival for Treble Voices includes masterworks that celebrate women's voices and instruments, with works by Brahms, Holst, Elgar, Vaughan Williams, and more. The show will conclude with the Colorado Men's Chorale joining CWC for Martin Palmeri's exciting *Misa Tango*, a brilliant orchestral work that celebrates the beauty, joy, and passion of Argentina.

Ivy Street Ensemble

Featuring guest harpist, Rachel Ellins

Friday, May 31, 7:30 p.m.

Award-winning Ivy Street Ensemble and harpist Rachel Ellins come together for an evening of musical selections from the Classical to the Contemporary set to fill appetites of all concert patrons.

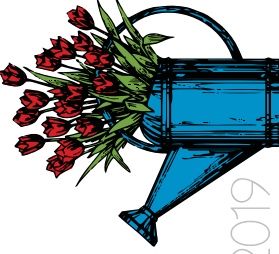
Purchase tickets for Augustana Arts events online at www.augustanaarts.org, by phone at 303-388-4962, or at the door the night of the event. Augustana Lutheran Church members can enter code ALC50 and receive a discount when you purchase tickets online!

City Strings spring recital

Please join Augustana Arts for the 2019 Spring City Strings Recital on Saturday, May 18, 1 p.m., in Fellowship Hall. Come hear the wonderful talent of the students who worked all school year to learn violin and cello. Schools represented include McMeen, Edgewater, Colfax, 6th Avenue, Montview, and Molhom and students of Saturday lessons at Aurora First Presbyterian Church. The recital is free, and all are welcome.

Colorado Youth Music Festival comes to Augustana

Augustana Arts is pleased to bring the Colorado Youth Music Festival to Augustana on Saturday, May 18, which culminates with the Festival Concert at 6 p.m. Talented youth from the front range will participate in the festival with master classes. First place winners in piano, violin, voice, woodwind, and ensemble categories ages 10–18 years will compete for this once-in-a-lifetime opportunity to shine on stage with Stratus Chamber Orchestra. Tickets for the festival concert are available at the door for a donation to support youth enrichment programs. All are welcome!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 May 2019					
5 Easter 3 Health Ministry Sunday Volunteer Appreciation Sunday 8am Worship/Communion 9am Fellowship/Coffee 9:15am Faith Formation Bash 10:30am Worship/Communion Noon Prayer Shawl Ministry See JASS below	6 9:45am Augustana Firm Believers 10am Chapel Prayer 6:30pm Augustana Early Learning Center Board	7 9am Augustana 5:30pm Firm Believers 7pm Chapel Prayer Augustana Foundation Gift Committee	8 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:30pm Chancel Choir	9 9:30am <i>The Tower</i> deadline Thursdays Morning Bible Study 10am Sarah Circle 5:30pm Mindfulness Yoga 7pm Property Committee	10 8am Augustana Early Learning Center Mother's Day Breakfast 8am Bulletin Assembly 9:45am Augustana Firm Believers	11 9am Trailblazers: Castlewood Canyon State Park Hike 7:30pm Augustana Arts: Colorado Women's Chorale Carnegie Hall Masterworks
12 Easter 4 Mother's Day 8am Worship/Communion 9am Fellowship/Coffee 10:30am Worship/Communion	13 9:45am Augustana Firm Believers 10am Chapel Prayer	14 9:30am Deborah Circle 5:30pm Yoga 6pm Children, Youth & Family Ministry Committee 6:30pm Theater and Theology: Sweat 7pm Augustana Foundation	15 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:30pm Chancel Choir	16 9:30am Thursdays Morning Bible Study 11:30am Monthly Luncheon 5:30pm Mindfulness Yoga	17 8am Bulletin Assembly 9:45am Augustana Firm Believers	18 1pm Augustana Arts: City Strings Recital 6pm Augustana Arts: Colorado Youth Music Festival
19 Easter 5 8am Worship/Communion 9:15am Congregational Meeting: Dakota Land Initiative 10:30am Worship/Communion 11:45 JASS Banquet	20 9:45am Augustana Firm Believers 10am Chapel Prayer 11:15am Book Group	21 1pm <i>The Tower</i> Assembly 5:30pm Yoga 5:30pm Stewardship Committee 7pm Congregation Council	22 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Alzheimer's Early Onset Support Group 7pm Augustana Ringers Chancel Choir Banquet	23 9:30am Thursdays Morning Bible Study 5:30pm Mindfulness Yoga	24 7:30am Foot Care Clinic 8am Bulletin Assembly 9:45am Augustana Firm Believers	25
26 Easter 6 8am Worship/Communion 9am Fellowship/Coffee 10:30am Worship/Communion	27 Memorial Day - office closed -	28 12:30pm Senior Ministry Committee 5:30pm Yoga 6:30pm Rachel Circle	29 9:45am Augustana Firm Believers	30 5:30pm Mindfulness Yoga	31 9:45am Augustana Firm Believers 7:30pm Augustana Arts: Ivy Street Ensemble	

		Lunch
11:30am	12:15pm	Cherubs, Choristers, GraceNotes
1pm		Recorders, Cantabile, SONshine Ringers
1:45pm		BELLievers

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- 4 Yuki Trautmann
- 5 Kari Blanchard
Marcus Landberg
John Richardson
Andrew Woodward
- 6 Colleen Porterfield
Fred Scott

- 7 Morgan Levy
Annie Nessa
Judith Peters
Karen Rhea
- 8 Sofia Arnold
Greg Hempelman
Eric MacDougall
- 9 Abigail Beswick
Josephine Cockrell
- 10 Cassidy Ewell
Shirley Swedeen
- 11 Carol Garrington
- 12
- 13 Connie Tripp
Drew Wolfe
- 14 Trevor Boodt
Gabriele Korndorfer

- 15 Karen Aarestad
Joan Lee
David Peters
- 16 Evie Garrington
Larry Jordahl
Kay Price
- 17 Kim Kouba
Carly Miller
Monica Nedler
Linda Sanders
- 18 Karen Kah
Causha Withey
- 19
- 20 Chase Cowne
- 21 Renee Bernhard
Bonnie Connors
Maggie Friesen
Judy Larson
Ulla-Majken Lugg
Alan Morast
Rachel Uyemura
- 22 Gavin Granbery
Mendy Motes
Diane Wichert
- 23 Jean Duncan
Elise Earhart
Mackenzie Flesch
Jean Garvey

- 24 Melanie Backes
Ted Kouba
Tristan Schrader
Ronald Stember
- 25 Linda Pihlak
Earl Pilloud
- 26 Dylan Conant
Paul Whitehurst
- 27
- 28 Karen Bassford
Timothy Edstrom
Seta Olson
- 29 Jayme Howard
Karen Johnson
- 30 Margaret Ellerbruch
Christelle Menth
- 31 Wyatt Lager

*If your name should
have been on this list
but wasn't, please call
Augustana's office (303-
388-4678).*