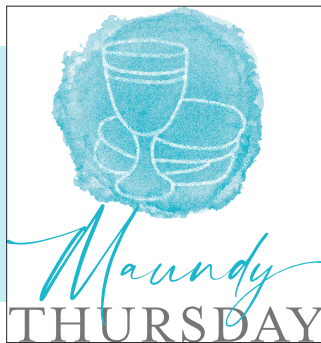


HOLY WEEK *and* EASTER



April 10

8 a.m. **Worship/Communion (N)** - Christ Chapel
 9-10:30 a.m. Palm Sunday Breakfast - Fellowship Hall
 10:30 a.m. **Worship/Communion (N,L)** - Sanctuary



April 14

11 a.m. **Worship/Communion** - Sanctuary
 7 p.m. **Worship/Communion (N,L)** - Sanctuary
 First Communion



April 15

Noon **Worship (L)** - Sanctuary
 7 p.m. **Worship (N,L)** - Sanctuary



Resurrection of Our Lord, April 17

8 a.m. **Worship/Communion (N)** - Sanctuary
 9:30 a.m. **Worship/Communion (N,L)** - Sanctuary
 10:35 a.m. Easter Egg Hunt - Courtyard
 11 a.m. **Worship/Communion (N)** - Sanctuary

(N) Nursery care available | (L) Livestreaming available

5000 E. Alameda Ave.
Denver, CO 80246

Augustana

LUTHERAN CHURCH

PHONE: 303-388-4678
FAX: 303-388-1338

WEB: www.augustanadenver.org
EMAIL: info@augustanadenver.org
FACEBOOK: [augustanadenver.com](https://www.facebook.com/augustanadenver.com)

Mission Statement: Celebrating God's grace, we welcome everyone to worship Jesus, grow in faith, and go serve in the world.

Worship

- **In-Person Worship**, Sundays, 8 a.m.
- **In-Person/Streamed Worship**, Sundays, 10:30 a.m.
- [Watch on Facebook](#)
- [Watch on YouTube](#)

The Tower is published monthly for Augustana Lutheran Church, 5000 E. Alameda Ave., Denver, CO, 80246-8104. There is no subscription fee.

Thursday, April 14, 4:30 p.m. is the deadline for the May edition. Email **Lyn Goodrum** (goodrum@augustanadenver.org).

Congregation Council:

President: Michael Zumwalt
Vice President: Pam Uyemura
Secretary: Karen Lambert
Treasurer: Bill Crossen

Lisa Boe-Sims	Heather Nelson
Betty Boyd	Nancy Nyhus
C.J. Brown	Will Smith
Janet Flesch	Inez Smith
Jayne Howard	Dan Taron
Pr. Ann Hultquist	Pr. Caitlin Trussell
Heidi Johnson	Karen Yeager
Ellen Kastens	

Staff:

- **Ann Hultquist**, Senior Pastor
- **Caitlin Trussell**, Pastor
- **Lisa Mikolajczak**, Finance Administrator
- **Shanna VanderWel**, Director of Youth and Family Ministry
- **Andrew Peters**, Minister of Music and Organist
- **Kevin Padworski**, Chancel Choir Director
- **Angela Howard**, Choristers and Cantabile Director
- **Sue Ann Glusenkamp**, Faith Community Nurse
- **Lyn Goodrum**, Publications Administrator
- **Julie MacDougall**, Volunteer Ministry and Building Use
- **Emily Friesen**, Livestream Technician
- **Garry Garcia**, Facilities Manager
- **Asmir Hodzic**, Building and Grounds Manager
- **Amaleah Buzzell, Ogden Willoughby**, Custodians
- **Ellen Kastens, Amy Tamminga, Erin Saboe Willoughby**, Wedding Coordinators
- **Wendie Edwards**, Director, Augustana Early Learning Center

Recently lifted up in prayer

for hope and healing:

- Daniel Alzamora
- Kandice Bailey
- Kristen Boyd
- Kathy Edstrom
- Marty Flahive
- Elizabeth Frank
- Mary Kay Hubbell
- Fritz Jacobs
- Diana Mitts
- Ben Pepper
- Suzie Perry
- Diane Pilloud
- Helma Sjodin
- Dorothy Stenman
- Jean Williamson
- Andre Yeager

for comfort and courage:

- George Willoughby in the death of his friend, Ivan Casarez
- Shirley Cunniff in the death of her in-laws, Roy and Donna Cunniff
- John Flory in the death of his wife, Alma Flory
- Beth Rogers in the death of her son, Joshua Patrick Flynn
- Norman Gay in the death of his wife, Maxine Gay
- Dianne Nelson in the death of her brother, Clarence Hatfield

- Angela Howard in the death of her uncle, Mark Hennagir
- Kirsten Jensen in the death of her brother Bent Hejbol Jensen
- Ron and Sue Ann Glusenkamp in the death of their friend Kim Kolander
- Julie MacDougall in the death of her friend, Pauletta Krum
- Lyn Goodrum in the death of her mother, Rose Kvern
- Carl Hansen in the death of his sister, Bernice Thoele



Lent Prayer Stations

Sunday, April 3,
8 a.m.–noon,
Youth Room.
Prompts and
guides for self-
paced prayer and
reflection.

Rejoice with

- Parents Kandice and Colin Bailey and grandparents Rex and Debbie Carter in the birth of Kendrick Maddox Bailey, February 17
- Parents Josh and Beth Finke in the birth of Jonathan English Finke, March 4
- Kaden Nicholas Kroll, son of Nicholas and Catherine Kroll, in his baptism
- Caden George Uyemura, son of Justin and Sarah Uyemura, grandson of Brad and Pam Uyemura, in his baptism

Thank you for the gifts!

Special Gifts

- in honor of Kaden's baptism



Lenten Soup Supper and Holden Evening Prayer

Wednesdays, March 30 and April 6. You are invited to a soup supper provided by the expertise of **Christine Peters** at 5:45 p.m., Fellowship Hall (a freewill offering will be taken). Holden Evening Prayer follows at 6:30 p.m. in Christ Chapel. This worship will be livestreamed, and Augustana's nursery will be open and staffed.

Pastor Ann

Victory is ours through God who loves us

Jesus said "My peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid."

John 14:27



Because of publication deadlines, I am writing this in March, a week into the war that Russia is waging on the people of Ukraine. Like you, I am watching the images of older people, younger people and small children, all fleeing the violence, while others

have stayed and quickly become soldiers. It is heartbreaking to hear that a million people have left their homes and are now refugees looking for a safe place to live.

The peace that is promised through the coming of the Messiah has never been perfected in our world. The need for power, the pull of greed, our prejudices, and a whole host of other things we could all name get in the way of God's desire for peace among the children God so loves. It is easy to feel despair about the state of the world and also the state of our own hearts.

And yet, in a few weeks we will gather to celebrate the joy of Easter together, the first time we will be

**But at the center
is the promise of
Jesus' resurrection,
where love poured
out on the cross
promises to make
all things new.**

in person for that celebration since 2019. There will be flowers, beautiful music, kids and eggs. But at the center is the promise of Jesus' resurrection, where love poured out on the cross promises to make all things new.

Today I am remembering the words of Archbishop Desmond Tutu (who was no stranger to evil and violence): *Goodness is stronger than evil; love is stronger than hate; light is stronger than darkness; life is stronger than death; victory is ours through God who loves us.*

Praying for peace with you,
Pastor Ann

Pastor Caitlin

Showing Up



Our 24-year-old son recently attended the funeral for his roommate's mother. It was never a question that he would go to the funeral of the woman who fed him at her table. Going to funerals

is rarely (to never) at the top of things we like to do. But I can't express enough how much it means to the family when people show up to celebrate the person who died with them—EVEN IF YOU DIDN'T KNOW THE PERSON WHO DIED. Did I say that loud enough? Skip whatever algorithm you're creating about whether or not to attend, and go to the funeral. Feel awkward or whatever else it brings up for you. Showing up is embodied love.

Which brings me to Holy Week (of course it does)—Palm/Passion Sunday into Maundy Thursday, Good Friday, and Holy Saturday. These holy days and accompanying worship services sink us into the depth of divine love as we show up to Jesus' funeral. After years and years of being with people in their last days and last breaths, I can't express enough how powerful it is to be there. Short of that, listening to people's stories about saying goodbye to their loved ones is a gift to them and to us. We

need to tell our stories of loss because we need to tell our stories of love. Listening to my son talk about his roommate's mother as well as his own and his roommate's grief is priceless.

In essence, this is what

we're doing during Holy Week. We tell the story of Jesus' last days and last breaths not to navel gaze and make it all about us. We tell Jesus' story to tell a story of a love so great that it holds steady even when we're at our worst. The cross is a story about the logical conclusion of our wrath and insecurity, not God's. If you've spent time in the past avoiding Holy Week worship as I once did, I invite you to give it another try. Easter's promise is even more vibrant, life-giving, and exuberant when we show up at the funeral.

Peace,
Pastor Caitlin

**Show up to
celebrate the
person who died
—EVEN IF YOU
DIDN'T KNOW
THE PERSON
WHO DIED**



Chapel Prayer in Lent continues

Mondays, April 4 and 11, 10:30–11:15 a.m.

You're invited into this quiet, contemplative time in Christ Chapel. A Prayer Leader opens with a prayer, and we close with the Lord's Prayer and a short blessing. A printed Prayer Guide is provided, or you may bring your own prayer book(s) or simply sit with your eyes closed in the silence. Bibles are available in the pews. You may arrive and leave at any time. Contact **Pastor Caitlin** for more information (pastor.caitlin.trussell@gmail.com).

Music Ministry

“Ah, Holy Jesus”

At a recent Sunday Forum, Pastor Caitlin asked me what my favorite hymn was. I was not able to think of an answer then (nor have I yet answered this question) but will let her know when I figure out a response.



I do know, however, that my favorite Good Friday hymn is “Ah, Holy Jesus.” The text was written by Johann Heermann and published in 1630. Heermann (1585–1647) was born in Raudten, Silesia, and became a pastor in 1611. He led a difficult life; the town where he was living burned in 1616, his wife died in 1617, and in 1618 the Thirty Years’ War began. He had to retire in 1634 because throat trouble made it impossible for him to preach. Despite these numerous, difficult, and stressful events, he turned to his faith for comfort and was able to write the text of “Ah, Holy Jesus.” Robert Bridges (1844–1930) was a poet laureate of England and translated the text into English. The tune used with this hymn, *Herzliebster Jesu*, was composed by Johann Crüger (1598–1662) for a different text in 1640. Crüger was a church musician and teacher for many years in Berlin.

The congregation will sing this wonderful hymn at the 7 p.m. Good Friday service. In this service I will play several organ settings of this tune by different composers. Kevin Padworski, the Chancel Choir Director, has selected a moving anthem

by American composer and conductor Donald McCullough which puts these words to completely new music. Sometimes hearing a familiar text to new music causes us to experience the words differently. McCullough’s music to words written 386 years earlier shows the power of Heermann’s text.

In addition to the Chancel Choir and the Augustana Vocal Ensemble, the service includes a Good Friday message by Pastor Caitlin.

I hope you will join us for the Holy Week services as we journey towards Easter.

Grace and peace,

Andy

Minister of Music and Organist



Palm Sunday happenings— April 10!

You're invited to process on Palm Sunday!

Calling all young and young at heart to participate in the palm procession on Palm Sunday. Please gather in the narthex on Sunday, April 10 at 10:15 a.m. to meet with **Shanna VanderWel** and to get your palms. The group will process in with the opening hymn.



Palm Sunday Breakfast

The youth invite you to their Palm Sunday breakfast/brunch on April 10, 9–10:30 a.m. in Fellowship Hall.

The menu includes

a variety of breakfast meat, eggs, fruit, pastries, juice, coffee and more! A freewill donation will be taken to support the many parts of Children, Youth and Family Ministry at Augustana. Please note that this time of food and fellowship will replace Sunday Lunch for this day.



Easter Baskets for Warren Village

Continuing Augustana's long tradition of providing Easter baskets to Warren Village and First Step residents, yet observing COVID restrictions, Augustana members and friends may donate by check to Augustana (indicate "Warren Village" on the memo line), or online at Augustana's Giving page at augustanadenver.org by Palm Sunday, April 10. Each basket costs \$40. Augustana will purchase gift cards to give each family, so they may purchase what they need. Thrivent Action Team grants will provide \$500 for additional food items. There are 115 units at Warren Village and First Step. Thanks for your generous support!

Warren Village provides a safe apartment, job training, and childcare for low-income single-parent families. Learn more about Warren Village at warrenvillage.org.

Holy Week Schedule



Palm Sunday, April 10

Worship at 8 a.m. in Christ Chapel and 10:30 a.m. in the sanctuary. Augustana youth will host a breakfast in Fellowship Hall 9–10:30 a.m. Worship at 10:30 a.m. will be livestreamed. Nursery care will be available for both services.



Maundy Thursday, April 14

Worship at 11 a.m. and 7 p.m. **Keith Williamson** will be the cantor at 11 a.m. The evening service will include First Communion for some of the children in our congregation, and the Chancel Choir will sing. Nursery care and livestreaming available for 7 p.m. worship.



Good Friday, April 15

Spoken worship and hymns at noon, with **Carol Garrington**, cantor, and 7 p.m. worship in the sanctuary with special music by the Chancel Choir and the Augustana Vocal Ensemble. Both services will be livestreamed, and nursery care will be available at 7 p.m.



Easter Sunday, April 17

Worship at 8 a.m., 9:30 a.m. and 11 a.m. in the sanctuary with Holy Communion, festival brass, timpani, choirs, handbells, organ, and Augustana’s Easter Garden. An Easter egg hunt will be held at 10:35 a.m. Worship at 9:30 a.m. will be livestreamed, and nursery care will be available across the morning.

Easter Egg Hunt

Children age birth through 5th grade are invited to an Easter egg hunt on Easter Sunday, April 17, at 10:35 a.m. in the courtyard. If we have inclement weather, we will move to the education building. Kids older than 5th grade are encouraged to arrive at 10 a.m. in the courtyard to help set up and hide the eggs. To volunteer, please sign up with **Shanna** (shanna@augustanadenver.org or 303-388-4678 ext. 107).



Help Augustana’s Easter Garden bloom this year!

Support Augustana’s youth ministries with a gift to the Easter Garden. Your gift in honor or in memory of loved ones will add lilies to the celebration of the Resurrection of Our Lord! The suggested contribution for each individual you wish to honor or remember is \$8. Make checks payable to Augustana Lutheran Church. Use the donation form below or envelopes in Augustana’s pew pockets. Gifts must reach Augustana’s office by Palm Sunday, April 10, to be included in the Easter Garden insert. Thank you!

Easter Garden - please print or type

In memory of

Given by

In honor of

Given by

Contact name

Phone

Enclosed \$



Study/Fellowship

Adult Forums

Sundays, 9:15-10:15 a.m., Anna Paulson Room

- **April 3:** Faith, Science, and Theology of the Cross: Can it answer the difficult questions that science raises about faith? Augustana member and facilitator Don Troike is a retired professor of biology and former certified lay worship leader in the Southern Ohio Synod (ELCA).
- **April 10:** No class scheduled. Plan to attend Palm Sunday Breakfast served by Augustana youth.
- **April 17:** No class scheduled. Easter Sunday! Alleluia!
- **April 24:** No class scheduled. You're invited to the high school Senior Recognition Sunday in the Fellowship Hall between worship services as we celebrate and pray for them.

Women, Wine and Word

All women are welcome to be a part of this Bible study, which meets monthly. The April meeting will be Thursday, April 21 at 7 p.m. The group is completing their discussion of Rachel Held Evans' book *Wholehearted Faith*, a book for "the doubter and the dreamer, the seeker and the sojourner."

Please contact **Pastor Ann** (ann@augustanadenver.org) for more information and the meeting location.

April Book Group

Born a Crime by Trevor Noah is the April Book Group selection.

Trevor Noah's unlikely path from apartheid South Africa to the desk of *The Daily Show* began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents' indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle. . . the stories collected here are by turns hilarious, dramatic, and deeply affecting (Penguin RandomHouse).

Join us on Monday, April 25 at 1 p.m. in the Anna Paulson Room. If you have questions, contact **Ellen Kastens** (303-475-7877 or ekkastens@gmail.com).

Adult Forum during Lent

Sunday, April 3, 9:30 a.m., Anna Paulson Room

Science, Faith, and the Theology of the Cross

As science learns more and more about the processes that created and operate the world, including life itself, it seems that God is absent from those processes. For people who have faith not only in a creator God, but also a personal God, these are disturbing discoveries. When science finds so much violence in the processes of creation, especially as life evolves through a 'survival of the fittest' process, how can we reconcile this with the loving, caring God in whom we place



our faith? On April 3 we complete our Lenten study of the intersection of science and faith, looking to the Theology of the Cross for answers to these difficult questions. It is not necessary for you to have attended the previous sessions; this session will give you plenty to think about, even perhaps a glimpse into the mind of God.

Led by Augustana's **Don Troike**, retired professor of biology and former ELCA certified lay worship leader.



Children, Youth, Family

End-of-Year Faith Formation and Graduation Celebration

On Sunday, April 24, 9–10:30 a.m. we will have an end-of-year faith formation celebration along with celebrating our graduating seniors. Weather permitting, we will have the inflatables in the courtyard along with games, face painting, and treats inside Fellowship Hall. Save the date and bring the whole family!

Sunday Lunch Schedule

Sundays, 11:45 a.m., Fellowship Hall

- **April 3:** Jimmy John sandwiches
- **April 10:** No lunch; plan to join the youth-hosted brunch, 9–10:30 a.m.
- **April 17:** No lunch on Easter Sunday
- **April 24:** Chipotle Burritos

Register now for Vacation Bible School

Vacation Bible School registration is live on our website. This faith- and fun-filled time is for kids entering Kindergarten through 5th grade in fall 2022. The dates are July 11–14, 9 a.m.–4 p.m., each day. We will be hosting **Sky Ranch Lutheran Camp** counselors who will help lead worship, games, crafts, Bible study, and outdoor science activities. This year we will welcome special music activities during the week from **Andy Peters** and Augustana's Music Ministry. Cost is \$75 per child with a \$150 maximum per family. Snacks will be provided, and participants will need to bring a packed lunch.



Health Ministry

April is National Garden Month

Spring is just around the corner (we hope), and changing weather promises good growing seasons to come. **National Garden Month** encourages you to consider planning and preparing for the growing season. Whether you have a backyard garden, a potted deck garden, or a plot in a community garden, now is the time to start planning your crops and prepping the soil. God's creation story in Genesis directs us to nurture and care for the earth.

You are invited to join your Health Ministry Team on Sunday, April 3 for the next Health Ministry Sunday. Our theme for April will be gardening. Have you visited Augustana's Community Garden? During coffee hour come to Fellowship Hall and embark upon a tour of our Augustana Garden. There will also be gardening tips from The National Wildlife Federation and The National Gardening Association. Do you know how to attract butterflies to your yard? How about creating a pollinator garden? How is gardening good for your health?

Health Ministry Sunday will again provide these four areas for your support:

1. Blood Pressure Screening
2. ASK a NURSE consult table
3. Health and Well-being

information on gardening PLUS Garden TOURS!

4. Recipes and Samples (Do you know which flowers are edible?)

You can find more information on home gardening and the health benefits of gardening at the following websites.

- <https://healthtalk.unhealthcare.org/health-benefits-of-gardening/>
- <https://www.nal.usda.gov/legacy/topics/home-gardening>

In conclusion, the words of a hymn written by two friends come to mind:

*God, you made this world a garden,
Every harvest bearing seed,*

*Loving God, today as ever,
You anticipate our need.*

*You are ready with an answer,
Long before we plead.*

Kim Kolander and Jaroslav Vajda.
Used by permission.

See you in the garden!

Your Faith Community Nurse,
Sue Ann

*Be watchful, stand firm in your faith,
be courageous, be strong. Let all that
you do, be done in love.*

1 Corinthians 16:13

**God said, "See, I have
given you every plant
yielding seed that is
upon the face of all
the earth, and every
tree with seed in its
fruit; you shall have
them for food."**

Genesis 1:29

Exploring health benefits of gardening for National Garden Month

What are the Health Benefits of Gardening?

You may (or may not, if you already are a gardener) be surprised to learn that growing flowers and vegetables not only contributes to beautiful bouquets and yummy harvests for your table, but also can do wonders for your health and well-being!

Dr. Robert Hutchins of the Carolina Clinic writes about the following eight benefits to gardening:

1. Gardening can build self-esteem

Don't think you were born with a green thumb? After tilling, planting, nurturing, and harvesting plants, you will become in tune with the earth and feel great accomplishment!

2. Gardening is good for your heart

Manual labor of digging, planting and weeding burns calories and provides cardiovascular benefit.

3. Gardening reduces stress

Nurturing plants gives you a chance to focus on seeing things thriving and growing. This can help reduce symptoms of depression and anxiety.

4. Gardening can make you happy

Can getting dirt under your nails make you feel happy? In fact, inhaling *M.vacciae*, a healthy bacteria that lives in soil, can increase levels of serotonin in your brain and reduce anxiety.

5. Gardening can improve your hand strength

What a great way to keep your hands and fingers supple and as strong as possible for as long as possible! Wearing garden gloves is a good idea!



6. Gardening is good for the whole family.

Although it can be a solo activity, working together with family and friends is a wonderful bonding activity, especially beneficial for kids!

Interestingly enough, early exposure to dirt has been linked to numerous health benefits, including reducing allergies and autoimmune disease.

7. Gardening can give you a boost of vitamin D.

Exposure to sunlight increases your calcium levels and benefits your bones and immune system. Don't forget the sunscreen!

8. Growing your own food can help you eat healthier.

Eating fresh produce from your own veggie or herb garden without treatment of pesticides is a win-win! As close to farm-to-table as it gets!

Resource: <https://healthtalk.unchealthcare.org/health-benefits-of-gardening/>



Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

Health Ministry E4 Mental Health Team

Sneak preview for Mental Health Awareness Month in May 2022

E4 is offering a **Mental Health First Aid (MHFA) training course**, Saturday, May 14, 9 a.m.–3:30 p.m. in Augustana's Anna Paulson Room, limited to the first 30 who register.

Why MHFA?

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

Mental Health First Aid is an interactive course for certification that is geared toward the general community. It presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems. The course builds understanding of the impact of mental illness, and overviews ways to help; including learning what to say and not to say to assist someone developing or experiencing a mental health crisis. Those who complete the online pre-work (approximately two hours self-paced) and the 6.5-hour in-person class to certify as Mental Health First Aiders, learn a five-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.

Class members will learn:

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance-use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

The mission of E4 is to Enlighten, Encourage, Educate, and Empower individuals and families about mental health in a faith-based community.

Won't you join us in this important mission?

For the registration link for this training, contact Faith Community Nurse **Sue Ann** (303-388-4678 ext. 106 or glusenkamp@augustanadenver.org).

On average,

130

people die by
suicide every day.

Source: American Foundation
for Suicide Prevention

From 1999 to 2019,

841,000

people died from
drug overdoses.

Source: Centers for Disease
Control and Prevention

Nearly

1 IN 5

in the U.S. lives
with a mental illness.

Source: National Institute
of Mental Health



9Health Fair Updates for May Day!

Sunday, May 1, 7 a.m.–1 p.m. in Augustana's Fellowship Hall

Blood work done by Quest.

Height, Weight, BMI (Body Mass Index), and "Ask a Medical Professional" will also be available for registered attendees.

Registration required to reserve a time slot for this Augustana-only limited 9Health Fair. Space is limited, so register ASAP.

Our "closed corporate" 9Health Fair will not be publicized to the public; however, friends and families of Augustana are invited to register.

To register and to learn which blood tests are available, talk with Augustana's Health Ministry Team in Fellowship Hall during Coffee Hour on Sunday mornings, call Augustana's office (303-388-4678), or speak with Faith Community Nurse **Sue Ann**.



Senior Ministry

"Bless the Years" and Senior Community Resource Fair

Save the date!

Cinco de Mayo, Thursday, May 5

11 a.m. **Worship/Communion** - Sanctuary
Noon **Lunch** - Fellowship Hall

We hope you can join us for our next "Bless the Years" worship service followed by a delicious catered luncheon.

Theme: Cinco de Mayo Day, Thursday, May 5

Time: Worship in the sanctuary at 11 a.m. with special music

Lunch: Immediately following worship; catered by **Jimmy's Jersey Street Café**

Bonus: Before, during, and after lunch in Fellowship Hall, we will host a **Community Senior Resources Fair**. Come and learn about the many supportive services available in the Denver Metro area.

Who: All 60+ members, family, and friends are invited to join us at this meaningful event co-sponsored by Senior Ministry and Health Ministry.

RSVP: Watch for a snail mail invitation or call Augustana's office (303-388-4678) by Thursday, April 28 to reserve your space for lunch, compliments of Augustana's Senior Ministry Team.

AUGUSTANAARTS



“Amber Waves with Winds”

United States Air Force Academy: Academy Winds and Rockies Clarinet Quartet

Saturday, April 2, 7–8:30 p.m. at Augustana

Join us for a FREE community concert featuring the United States Air Force Academy Winds and Rockies Clarinet Quartet.

Academy Winds is an innovative sextet comprised of instrumentalists from every section of the Concert Band, and the result is an eclectic performance sure to please every audience member. Drawing on fresh, dynamic arrangements, the group presents a wide variety of musical styles including Renaissance music, symphonic favorites, traditional jazz and the latest pop chart.

Established in 1999, **The Rockies Clarinet Quartet** embraces traditional clarinet quartet literature, exciting new works, and an eclectic collection of arrangements originating from folk and popular styles.

The concert is free, but tickets are required. Visit AugustanaArts.org.

Face masks are encouraged, but not required. However, requirements may change at any point up until the performance per revised safety guidelines of the USAFA, state, city, or church.

Stratus Chamber Orchestra

Synergy of Stratus II: For the Love of Music

with Guest Conductor, **Adam Torres**
and **Kelcey Howell**, Cello

Saturday, April 23, 7:30 p.m. at Augustana

Tickets: \$25 adult; \$20 seniors; \$15 students
Augustana members receive \$10 off per ticket with code ALC10. Bring a friend who has never attended a Stratus concert before for only \$10 using code Friend410.

Our final Stratus concert of the season transcends all the challenges of the year with a synergistic concert of exciting works by Vaughan Williams, Beethoven, Rand, and Haydn. Guest Conductor Adam Torres leads the orchestra in a night celebrating the love of music.

The highlight of the evening is the world premier work of renowned composer, James M. David. Plus, we are pleased to champion the talents of a rising young cellist for the moving Cello Concerto No. 2 in D Major. Join Stratus for ONE NIGHT ONLY as they also perform Vaughan Williams' *Serenade to Music*, Beethoven's Symphony No. 6 (Pastorale), and a special piece by Ukrainian composer, Mykola Lysenko, *Overture to Taras Bulba* (ed. A Torres).

Tickets available at AugustanaArts.org.



Compassion and Action with Our Neighbor Ministry



Undie Sunday Generosity!

Thank you, one and all, for accompanying people with their unseen needs in a visible way.

For Refugees through Lutheran World Relief

- Personal Care Kits: 119
(includes towel + comb + nail clippers + soap (2) + toothbrush)

For George Washington High School food pantry and Ruby's Market for Refugees

- 677 tampons
- 2,872 sanitary pads

For Foster Source families

- Socks: 30 pairs
- Undies: 268 pairs
- Bibs: 8
- Wipes: 3,304
- Diapers: 2,904

Thank you to Augustana's Compassion and Action with our Neighbors (CAN) Ministry for leading the way.



40 Days of Giving— a Lenten Reflection

Ryan Cumming, Program Director for Hunger Education, ELCA World Hunger

When we respond to hunger in the world, we do so knowing that God has provided abundantly to meet our every need, even as inequities and injustice prevent so many of our neighbors from enjoying the fruits of God's creation. We then are invited to commit to a charitable goal for Lent and make a donation to ELCA World Hunger. Here's one suggestion: There are 811 million people who are undernourished and each have a story to tell. You can make an impact on someone's life with a gift of \$2 a day for your Lenten giving. The goal of ELCA World Hunger is: Until All Are Fed. We can do our individual part in making this a reality for the world.

Augustana's Compassion and Action with our Neighbor (CAN) Ministry invites you to give either at augustanadenver.org/giving to "World Hunger" or by check to Augustana Lutheran Church (memo line: ELCA World Hunger), so that our monetary gifts can be combined and sent from the Augustana congregation to ELCA World Hunger.



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

Lutheran Day at the Legislature

Augustana representing with Lutherans across the state participated in Lutheran Day at the Legislature on February 17! Weather and distance meant that some of us attended online. Those of us in person walked to the Colorado State Capitol and spoke with our legislators about supporting SB-99: Automatic Record Sealing and SB-87: Healthy Meals for All Public School Students.

► Peter Severson, Director of Lutheran Advocacy Ministry - CO, front left. Bishop Jim Gonia is fifth from left, front row

▼ Annie Nessa (lower left), Betty Boyd (upper left), Bonita Bock (seated middle), Katy Lunsford (seated right), Vicky Daub (back right/Veteran Servant Corps Project), Pastor Caitlin



Online attendees Glenna O'Neal, Jean Gall and Dolly Lager



Human Dignity Delegates (HDD) explore stories of race

Human Dignity Delegates meet Sunday, April 10, noon–1:30 p.m., Anna Paulson Room. Join the HDD team as we continue to explore “Struggling With Our Stories of Race.” This guided timeline experience is presenting the chance to think about personal stories of race and faith. We will also be providing updates on pending legislation in the Colorado State Legislature being advocated by Together Colorado and Rocky Mountain Synod Advocacy Ministry.



Augustana Lutheran Church Refugee Family Support

Our hearts, minds, and prayers continue to be with Afghan, Syrian, and now almost 2 million Ukrainian refugees. Augustana's Compassion and Action with our Neighbors (CAN) Ministry is vetting local ways to directly help refugees, perhaps supporting and engaging directly with a refugee family. CAN invites you to give to "Augustana Refugee Family Support" either at augustanadenver.org or by check to Augustana Lutheran Church (memo line: Augustana Refugee Family Support). This money will lay groundwork for Augustana's refugee response to either support

and engage with a local refugee family, or go directly to vetted organizations that support refugee relocation.

If you're feeling called to immediately support the refugees in Eastern Europe and/or locally, CAN recommends giving to Augustana's "Eastern European Crisis Response," either at augustanadenver.org or by check, so that our monetary gifts can be combined and sent from the Augustana congregation to Lutheran Disaster Response (LDR.org) who works with partners in that area to apply 100% of our gifts to the crisis.

CAN Ministry discusses fund recipients

The Compassion and Action with our Neighbors Ministry has been evaluating the organizations who receive quarterly support disbursements. Over the past few meetings, the group reviewed and discussed the priority areas for the CAN ministry and the past recipients of financial support. We then undertook a prioritization exercise to determine how to allocate the disbursements for 2022. We have identified five groups: **New Beginnings Worshipping Community, Urban Servant Corps, Foster Source, Metro Caring and Lutheran Family Services Rocky Mountain.** The missions of these organizations aligned with the CAN Ministry's

efforts to support and impact our local and global community. CAN Ministry seeks opportunities to make an impact in our communities through partnerships with organizations especially focused on hunger, poverty, education, access to resources, immigration, creation care, criminal justice, and advocacy in public policy. The CAN Ministry will continue to discuss how to support organizations with financial resources as well as other opportunities to contribute time and share information about their work. We will revisit the disbursement plans for 2023 starting at our next meeting on May 22, noon–1:30 p.m.

How to support Habitat for Humanity of Metro Denver/Holy Hammers

Mark your calendars!

Holy Hammers and HFHMD are continuing to partner to build single-family homes in Denver. And whether they are the current project of townhomes at the Aria Homes site or contributing in the Production Shop, it's always a time of blessing in working alongside other volunteers. We have slots available, so if you are interested in volunteering, sign up online at least two weeks in advance of each date at <http://holyhammers.denver.volunteerhub.com/>.



Upcoming opportunities include:

- Saturday, April 23 at the Production Shop, 9 a.m.–4 p.m.
- Friday, May 20 at the Production Shop, 9 a.m.–4 p.m.
- Saturday, June 11 at the New Construction Site, Aria Homes, 7:45 a.m.–3:30 p.m.

The minimum ages for the Production Shop and working at a building site are 14 and 16, respectively, and this is a great way for our youth to get credit for community activities that can help with applying to colleges and for jobs. All levels of talent are welcome, and we receive instructions for everything we are asked to do, always working under supervision. And we are not expected to do anything we don't feel comfortable in performing.

Breakfast for Humanity

Wednesday, April 27, 8–9 a.m.

Join us in person or virtually for this inspirational one-hour fund-raiser featuring **Natosha Reid Rice**, Habitat for Humanity International's Global Diversity, Equity and Inclusion Officer. Register for either online access or going in person by visiting habitatmetrodenver.org and selecting Breakfast for Humanity under Get Involved. Please select Holy Hammers as your Event Host.

Holy Hammers Hustle Fun Walk

Saturday, May 14, 9 a.m.–noon

Join a 3-mile family walking event to support Habitat for Humanity of Metro Denver at

Cottonwood Park (8830 Apache Plume Dr, Parker, CO 80134).

Please register online at <https://runsignup.com/Race/CO/Parker/HolyHammersHustleforHumanity>

For additional information on how to get involved with Holy Hammers and/or Habitat for Humanity, please contact **Michael Zumwalt** (303-907-6305 or michael_zumwalt@agilent.com).


Welcome Connection

Spring “Signs of the Times”

As the season begins to change, so will the physical look of Augustana. Changes to exterior and interior signage are being researched to better guide newcomers to the building. Newly designated visitor spaces in the north parking lot have been identified. We will begin a feasibility process for a new electronic sign on Alameda. The design of new congregational name tags has been finalized, and they will be made available to anyone and everyone who would like one this spring as well. We hope name tags help visitors connect for welcome and questions, as well as remind us of each other's names after the effects of masks and virtual worship.

As always, if you have visions, thoughts or suggestions for our group, or if you would be interested in joining us on our journey, do not hesitate to contact one of us: Erin Saboe; Nancy Johnson; Nancy Nyhus (Council); Ellen Kastens (Council); Brad Uyemura (Chair); and Pastor Caitlin.

Thank you,
Brad Uyemura

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 Fifth Sunday in Lent Health Ministry Sunday 8am Worship/Communion 9am First Communion Class 9am Faith Formation 9am Lent Prayer Stations 9:15am Fellowship/Coffee 10:30am Worship/Communion 11:45am Sunday Lunch Noon Augustana Knitters 12:15pm Children and Youth Music Ministry*	4 9:45am Augustana 10:30am Firm Believers Chapel Prayer	5 9am Library Committee 9:30am Tuesday Bible Study 7:30pm Young Adult Bible Study	6 9am Augustana Early Learning Center Chapel 9:45am Augustana Firm Believers 5:45pm Lenten Soup Supper 6pm Augustana Ringers 6:30pm Holden Evening Prayer 7:15pm Chancel Choir	7 7pm Health Ministry E4 Mental Health	8 9:45am Augustana 11am Firm Believers Bulletin Assembly	9
10 Sunday of the Passion Palm Sunday 8am Worship/Communion 9am Faith Formation 9am Palm Sunday Breakfast 9:15am Health Ministry Team 10:30am Worship/Communion 12:15pm Children and Youth Music Ministry*	11 9:45am Augustana 10:30am Firm Believers Chapel Prayer 6:30pm Altar Guild	12 9:30am Tuesday Bible Study 6pm Children, Youth & Family Ministry Committee 7:30pm Young Adult Bible Study 7:30pm Reopening Task Force	13 9am AELC Chapel 9:45am Augustana Firm Believers 7:15pm Chancel Choir 7:30pm Mothers of Young Kids Book Study	14 10am Maundy Thursday The Tower deadline Sarah Circle 11am Worship/Communion 2pm Senior Ministry 7pm Worship/Communion	15 9:45am Augustana Firm Believers Noon Worship 7pm Worship	16 8am Easter Brass 9am Chancel Choir
17 Resurrection of Our Lord 8am Worship/Communion 9:30am Worship/Communion 10:30am Easter Egg Hunt 11am Worship/Communion	18 - office closed -	19 9:30am Tuesday Bible Study 5:30pm Worship Committee 7pm Congregation Council 7:30pm Young Adult Bible Study	20 9am AELC Chapel 9:45am Augustana Firm Believers 7:15pm Chancel Choir	21 6:30pm Women, Wine and Word	22 9:45am Augustana Firm Believers 11am Bulletin Assembly	23 10:30am Memorial Service: Dave Peters 7:30pm Augustana Arts: Stratus Chamber Orchestra Synergy of Status II: For the Love of Music
24 First Sunday of Easter 8am Worship/Communion 9am Faith Formation 9:15am Fellowship/Coffee 10:30am Worship/Communion 11:45am Sunday Lunch 12:15pm Children and Youth Music Ministry* 1pm Augustana Foundation	25 7:30am Foot Care Clinic 9:45am Augustana Firm Believers 1pm Book Group	26 9:30am Tuesday Bible Study 7pm Rachel Circle 7:30pm Young Adult Bible Study	27 9am AELC Chapel 9:45am Augustana Firm Believers 7:15pm Chancel Choir	28 7pm Men's Bible Study	29 9am Augustana Arts: Music Encounters 9:45am Augustana Firm Believers 11am Bulletin Assembly	30

Faith Formation	
9am	Faith Formation (Infants-Grade 12)
9:15am	Adult Forum

*Children and Youth Music Ministry	
12:15pm	Cherubs, Choristers
12:45pm	Cantabile

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Denver, CO 80246



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A purple banner with white clouds and raindrops on the left side. The word "APRIL" is written in large, white, sans-serif capital letters, and "Birthdays" is written below it in a smaller, white, sans-serif font.

APRIL Birthdays

- 1** Abigail Buchanan
John Flory
Daniel Nimrod
- 2** Jim Apple
Samuel DiStefano
Laurance Johnson
- 3**
- 4** Diane Foley
- 5** Earl Conrad
Ginny Kusek
Joe Lewis
Robert Reinert
- 6** Robert Brown
Cecilia Pederson
Joel Sigdestad
Sandra Simpson
- 7** Berit Backes
Jan Brown
Beverly Garvin
Isabelle Howard
Ryan Sims
- 8** Robert Miller
Kera Terwilliger
- 9** Elliot Herrboldt
Millie Motes

- 10** Brenda Bucklin
Michael Graham
Erin Williams-Vohs
- 11** AJ Atherton
Makyla Moody
- 12** Doug Boyd
Erin Brown
Liv Triplett
- 13** Alex Kah
- 14** David Gottenborg
- 15** Maria Brotherston
Kristin Hagebak
Grant Lutz
James Mudge
Krista Walker
- 16** Kathryn Buol
Ellen Cox
Vale Triplett
- 17** Teresa Marlowe
Travis Sims
- 18** Laurel Bennett
Karen Edeen
Dan Taron
Douglas Wittich

- 19** Wayne Arden
Ashley Ezpeleta
Nancy Kall
Dawn Nesheim
Lesley Smith
Reina VanderWel
- 20** Phyllis Ashliman
Matthew Beavers
Isaac Nemechek
Victoria Shiveley
Alex Tripp
- 21** Rachel Mangione
- 22** Christopher Carter
Betty Nyby
- 23**
- 24** Arvid Brekke
Cassandra Carter
Margery Sumberg
James Vaughters
- 25** Randall Holmberg
- 26** Doug Ray
Anneliese Rohr
- 27** Wayne Olson
Nyla Pulley
- 28** Alanah Blair
William Crossen
Amber Schweitzer
Brian Willoughby
- 29** Christopher Lager
Janet Philipp

- 30** Malakai Cooper
Dick Larson
Thomas Miller

*If your name should
have been on this list
but wasn't, please call
Augustana's office
(303-388-4678).*