



“God’s work. Our hands.” Sunday



Sept. 11 2022

5000 E. Alameda Ave.
Denver, CO 80246

Augustana

LUTHERAN CHURCH

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Mission Statement: Celebrating God's grace, we welcome everyone to worship Jesus, grow in faith, and go serve in the world.

Worship

- **In-Person Worship**, Sundays, 8 a.m.
- **In-Person/Streamed Worship**, Sundays, 10:30 a.m.
- [Watch on Facebook](#)
- [Watch on YouTube](#)

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Thursday, September 8, 4:30 p.m. is the deadline for the October edition.

Email **Lyn Goodrum** (goodrum@augustanadenver.org).

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- **Caitlin Trussell**, Pastor
- **William Crossen**, Interim Finance Administrator
- **Shanna VanderWel**, Director of Youth and Family Ministry
- **Andrew Peters**, Minister of Music and Organist
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- **Ellen Kastens**, **Amy Tamminga**, **Erin Saboe Willoughby**, Wedding Coordinators
- **Wendie Edwards**, Director, Augustana Early Learning Center

"Thanks, Augustana!"

My Dear Augustana Friends,

I want to extend my gratitude for the messages of support you have showered upon me since my departure. Your words have lifted my heart and consoled my emotions, though I must affirm that I am not surprised, since my Augustana family has always shown their love and support to me and one another without reserve.

As many of you know, I was born with congenital heart defects (ASD, VSD) for which I had open-heart surgery three times. I was also born with pulmonary hypertension, hence my use of oxygen. Though there were some struggles, I was able to work, and Augustana leadership fully supported my doing so with grace and understanding. Unfortunately, I was recently diagnosed with a Chiari malformation, cerebral amyloid microangiopathy (CAA), and an occluded right vertebral artery. The result is memory



issues and poor cognitive functioning which impedes my ability to perform my job as finance administrator. In consultation with my doctors, we've decided that the surgery suggested for Chiari and cervical disc damage is too risky with my chronic heart and lung problems, and currently, CAA does not have treatment available.

I so miss my co-workers and congregation—especially the jokes and playfulness—and am an undisciplined homebody, so I eagerly await a return to assist Bill Crossen on a limited basis for projects he will oversee; however, it is one day at a time in

figuring out where we go from here.

I am so very thankful for the love, prayers, and light-hearted fun I continue to receive in various forms from my "peeps" at Augustana. Know that I carry you in my heart on this journey and continue to celebrate all the wonderful gifts that God brings.

In Christ,
Lisa Mikolajczak

No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

1 Corinthians 10:13

Rezoning approved for affordable housing



“Yay! This is so exciting!” these were Denver City Councilwoman Amanda Sawyer’s words to us in the hallway after the City Council approved the rezoning of our vacant land on Dakota Avenue. It was accompanied by hugs all around and pictures

with our partners, Habitat for Humanity of Metro Denver.

What began as a dream in 2018 is finally coming to fruition for our congregation and for the people who will eventually call the townhomes “home.” While a small project like ours can’t solve the housing crisis in Denver, it will be like a pebble dropped in a pool that will radiate outward, changing lives and encouraging other faith communities to step forward with housing projects of their own.

Our Core Values of Worship, Grow, and Go have helped us as a congregation to seek God’s will and stay on track with our ministries. This project helps us live out our value of **Go**: *We build relationships in our community and our world. We seek out ways to serve and love as Jesus did. We live out our faith in daily life.*

Thank you for your vision and generosity that have brought this project this far by faith. Pretty

it will be like a pebble dropped in a pool that will radiate outward

soon, you’ll have a chance to pick up a hammer or a saw as a Habitat volunteer and help make these homes a reality. Thanks be to God!

Pastor Ann



Councilwoman Amanda Sawyer and representatives from Habitat for Humanity, Hilltop Neighborhood Association, and Augustana support affordable housing rezoning at the Denver City Council meeting on July 25.

Recently lifted up in prayer . . .

For hope and healing:

- Janice Bassford
- Loren Bengston
- Phyllis Bennet
- Venus Conklin
- Nick Massie
- Debra J. Nelson
- Heather Nelson
- Addy Olson
- Sue Trussell
- Tim Wold

For comfort and courage:

- Arlys Schneider in the death of her brother-in-law, Alan Anderson
- Julie Cotton in the death of her sister, Janet Frost Chamberlain
- Russ Epperson in the death of his mother, Bea Epperson
- Shanna VanderWel in the death of her friend, Gary Fritz
- Duane Howell in the death of his sister, Leila Howell

Thank you for the gifts!

Augustana Early Learning Center

- in memory of Arvid Brekke

Music Ministry

- in memory of Arvid Brekke, Janet Chamberlain

Special Gifts

- in memory of Norma Gerber, Duane Vikman

“God’s work. Our hands.” Sunday

Operation Pantry for Metro Caring: Help portion rice and beans!

Sunday, September 11, 9:15–10:15 a.m., Fellowship Hall

Help feed our neighbors in need and join in fellowship with Augustana members and friends of all ages. As our participation in the ELCA’s “God’s work. Our hands.” Sunday on September 11, we will again repackage approximately 4,000 pounds of dried rice and beans into 2-pound portions which will be given to Metro Caring for their no-cost nutritious foods market.

When you participate in Operation Pantry, please record your time on the Summer of Service online form or worship slip!



Support Operation Pantry with a gift

If you would like to contribute money toward the purchase of rice and beans, you may do so by check or [online](#); make checks payable to Augustana Lutheran Church and indicate Rice/Beans in the memo line. You

may also make an in-kind contribution of basmati rice and/or lentils.

Set-up help needed

If you can help set up on Saturday, September 10, contact **Don Troike** (don.troike@gmail.com or 720-379-3676).



Bishop Gonia preaches at Augustana on “God’s work. Our hands.” Sunday

The Reverend **Jim Gonia**, Bishop of our Rocky Mountain Synod ELCA, will be our guest preacher on Sunday, September 11 at both worship services. Along with his staff, Bishop Jim accompanies the 159 ELCA congregations in Wyoming, Utah, Colorado, New Mexico, and El Paso, Texas. He served as a missionary in Madagascar from 1988 to 1998. From 1998 to 2009 he was called as the associate pastor of Atonement Lutheran Church in Denver. Prior to his election as bishop, he served the ELCA’s churchwide ministries as Global Mission Area Program Director for West Africa, Tanzania and Madagascar.

Bishop Jim will bring thanks to Augustana for our faithful ministry and our consistent support of the ministry we share with the synod and our churchwide organization. And he’ll be wearing a bright yellow t-shirt, too!



Evangelical Lutheran Church in America
God’s work. Our hands.

“God’s work. Our hands.” Sunday is Sunday, September 11, 2022. This day is an opportunity to celebrate who we are as the Evangelical Lutheran Church in America—one church, freed in Christ to serve and love our neighbor.

Service activities offer an opportunity for us to explore one of our most basic convictions as Lutherans: that all of life in Jesus Christ—every act of service, in every daily calling, in every corner of life—flows freely from a living, daring confidence in God’s grace.

—<https://elca.org/DayofService>

How to get your bright yellow t-shirt



If you have a “God’s work. Our hands.” t-shirt, plan to wear it to Augustana on Sunday, September 11! If you need a t-shirt, contact Augustana’s office (303-388-4678).

Chapel sound system upgraded



Fully compliant with FCC regulations

Attention, Ushers!

All ushers are invited to attend usher training Saturday, September 24, at 10 a.m. in the narthex. We will review roles and responsibilities as well as emergency procedures in this one-hour session.

For more information, contact **Julie MacDougall** (303-388-4678 or macdougall@augustanadenver.org).

Some very exciting things have been happening in the realm of livestreaming!

We have updated the sound systems in Christ Chapel and Fellowship Hall! I need to say a huge thank you to MediaVine for the support and help with all of our sound needs! I am also thankful for the Property Committee, Bill Crossen, Garry Garcia and Seki for making the installation happen when it did.

In addition to the new sound system in Christ Chapel, we moved the speakers to help enhance the sound. With the upgraded sound systems, we now have access to the microphones in both rooms for any livestream that might happen in those spaces (Holden Evening Prayer, especially!). We are also now fully compliant with FCC regulations!

If you are someone who will need access to the sound system in Fellowship Hall, please let me know (livestream@augustanadenver.org). I will set up a time to help walk you through the process of turning the system on or will try to be there to help turn it on myself.

Many thanks to Augustana's livestream assistants whose commitment and skill allow me to take a few Sundays off for some special family events this September! Thanks to **Hunter Arnell, Paul Blanchard, Bill Crossen, Tanner Levy, and Nancy Nyhus.**

Thanks for your support and continued grace!

Emily Friesen

Livestream Technician



Music Ministry

Choral and instrumental groups are starting! Sign up today!

As we begin September, music ensembles at Augustana resume rehearsals. Singers, ringers, and instrumentalists are welcome in Augustana's music groups which rehearse and lead music in worship September through May. The list of music opportunities is as follows:

Choirs

Cherub Choir (age 4 through grade 2)

Sunday rehearsal, 9–9:30 a.m.

Marcia Olson, director

Choristers (grades 3–5)

Sunday rehearsal, 9–9:30 a.m.

Angela Howard, director

Cantabile (grades 6–12)

Sunday rehearsal, noon–12:45 p.m.

Angela Howard, director

Chancel Choir (high schoolers and adults)

Wednesday rehearsal, 7:15–9:15 p.m.

Kevin Padworski, director

Instrumental Ensembles and Handbell Choirs

Recorder Ensemble (grades 2–3)

Sunday rehearsal, noon–12:45 p.m.

Sharon Schillereff, director

Chapel Ringers (grades 4–5)

Sunday rehearsal, noon–12:45 p.m.

Andrew Peters, director

Chancel Handbells (grades 6–12)

Sunday rehearsal, 9–9:30 a.m.

Andrew Peters, director

Augustana Ringers (adults)

Wednesday rehearsal, 6–7 p.m.

Andrew Peters and Kent Mueller, directors

Augustana Instrumental Ensemble

(children, youth, adults)

Periodic Sunday rehearsal, 12:45–1:15 p.m.

Andrew Peters, Director

- Register for Music Ministry for children and youth at <https://www.augustanadenver.org/faith-formation-registration/>.
- Register for Music Ministry for adults at <https://www.augustanadenver.org/adult-music-ministry-registration/>.

Please contact me with any questions about any ensemble (303-388-4678 ext. 122 or peters@augustanadenver.org). As the Summer Choir sang in their July 31 offering anthem, “All of God’s creatures have a place in the choir”!

Grace and peace,

Andy

Pastor Caitlin

Faith Seeking Understanding (P.C.'s roles 4:4)



Anselm of Canterbury (12th century) talked about “faith seeking understanding.” When I first heard the grace and gospel of Jesus preached in my late 20s, I craved more information. My pastor at the time gave me

Baptized, We Live: Lutheranism As a Way of Life by Daniel Erlander. Now we give it out during our Discover Augustana classes. I also give it to parents of baptized infants along with more specific information. When I give it out, I like to say that, “There are as many ways of thinking about Jesus as there are people in the pews, and you’ll hear consistent Lutheran interpretation of the gospel from the pulpit.” This is mostly right and, of course, not at all perfectly done.

Regardless, there are moments when you want to learn more when your ear hears a gem in worship. As part of my call with Augustana, I get to weave together presenters, content, and calendar with input from Pastor Ann, staff, Welcome Connection, CAN Ministry, retired pastors and lay members who call Augustana their church home. Sunday mornings offer Adult Forum between worship, and the monthly calendar contains a variety of groups who meet on a variety of topics, including Bible Studies. The beauty of faith-seeking-understanding together is that we also get to connect with each other differently than we do in our brief conversations before or after worship.

This fall, pick a group. Meet some people. Learn something new, or be reminded of a gem you’ve long forgotten. Let’s have some fun.

Peace, **Pastor Caitlin**

The beauty of faith-seeking-understanding together is that we also get to connect with each other differently than we do in our brief conversations before or after worship.

This note is part of a series about my pastoral call with you. Of course, my call is to Word and Sacrament which is obvious things like preaching, teaching, communion, baptisms, and funerals. It’s also more:

- *Congregational Care (Care Team, Prayers – Worship prayers and weekly Prayer Chain, Faith Community Nurse supervision)*
- *Compassion and Action with our Neighbors (CAN) Ministry*
- *Evangelism, Messaging and Media (Welcome Connection, Livestream, Social Medias)*
- **Adult Learning**



Study/Fellowship

Adult Forum

Sundays, September 18 and 25, October 2, 9, and 16
9:15–10:15 a.m., Anna Paulson Room

Are you curious about the Book of Revelation and its meaning for today's world? If so, please join **Pastor Carl Hansen** for a five-week discussion of Revelation beginning on Sunday, September 18.

If possible, take time to read the book or listen to it being read for you, since this was how it was shared with the early Christians ([YouTube link: Holy Bible Audio: Revelation](#)). At the very least, take time to read the first three chapters of Revelation prior to our first session and bring your Bible to the class sessions.

In our time together, we will discuss the original historical context of the book: when it was written, to whom it was written, and why it was written. Then, we will discuss how Revelation has been interpreted since it was written and how it is being used in our world today. If you have questions regarding the class, please feel free to contact Pastor Carl Hansen (CH6019@gmail.com).

Discover Augustana Class for visitors

Sundays, October 23, 30 and November 6,
9:15–10:15 a.m., Room 10

We will be offering a Discover Augustana Class for folks who either want to learn more about Augustana or are considering joining the congregation. Classes will be led by the pastors and lay ministry leaders.

Please sign up for Discover Augustana with **Julie MacDougall** in Augustana's office (macdougall@augustanadenver.org or 303-388-4678).

Women, Wine, and Word Study

This Bible study for women of all ages will meet on Thursday, September 15, 7 p.m. in the Youth Room at Augustana. This fall we will be studying the short book of Esther. How much do you know about this heroine of the Jewish faith? How are we called to be faithful in “such a time as this?” All are welcome; come join the conversation!



Men's Bible Study, Take II

We decided to have another Bible Study after last spring's study went so well.

We'll meet the second and fourth Tuesdays of each month, 7–8:30 p.m., with the intention of deepening our understanding of God's word and enjoying some fellowship. Stay tuned to the weekly ePistle emails for the content update.

We'll run a course of six meetings: September 13 and 27, October 11 and 25, November 8, and December 13 in Augustana's Youth Room. The location may change if the group desires or if we are too rowdy for the Youth Room.

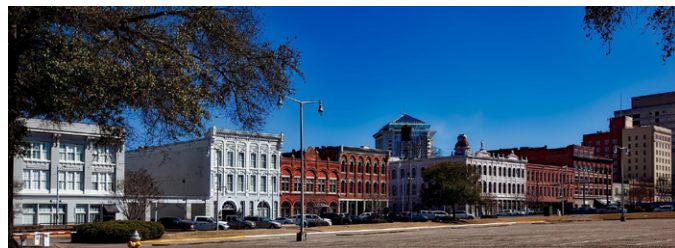
Please contact **Brian Willoughby** (303-941-3022) with interest or questions.

September Book Group

This Time Next Year We'll Be Laughing by Jacqueline Winspear is the September Book Group selection.

"The author of the Maisie Dobbs series offers a personal memoir of her family's resilience in the face of war and privation . . . tackling family issues like her paternal grandfather's shellshock, her mother's evacuation from London during the Blitz, her soft-spoken animal-loving father's torturous assignment to an explosives team during WWII, her parents' years living with Romani Gypsies; and Jacqueline's own childhood working on farms in rural Kent, capturing her ties to the land and her dream of being a writer at its very inception" (Goodreads).

Join us on Monday, September 19 at 1 p.m. in the Anna Paulson Room. If you have questions, contact **Ellen Kastens** (303-475-7877 or ekkastens@gmail.com).



Learn about the Montgomery trip at a September meeting

On Sunday, September 11, noon, in Anna Paulson Room, come to an informational meeting about the trip to Montgomery, Alabama. All youth in grades 7–12, their parents, and interested adults are invited to attend to learn more about this summer cross-generational pilgrimage happening June 5–9, 2023. Sunday Lunch will be served, so stop by Fellowship Hall first and pick up your lunch to bring to the meeting.

Children, Youth, Family



Register for Faith Formation!

Faith Formation begins Sunday, September 18 with a new schedule! Augustana's Children, Youth and Family Ministry offers classes for newborns through high schoolers.

9:30–10:15 a.m.

- GIFT (Pre-Kindergarten–grade 4)
- Confirmation (grades 5–8)
- Breakfast Club (grades 9–12)

11:45 a.m.–12:30 p.m.

- Sunday Lunch for all

Find online registrations forms and additional information at <https://www.augustanadenver.org/faith-formation-registration/>.

Nursery News

Augustana's nursery is open and staffed on Sundays for only 10:30 a.m. worship through September 4. Starting September 11 and continuing through the end of May 2023, the nursery will be available Sundays, 9 a.m.–noon.

Confirmation Retreat

All youth in grades 5–8 are encouraged to participate in the Coyote Howl Confirmation Retreat, September 23–25, at Sky Ranch Lutheran Camp. We will attend as a group for a time of play and rest along with worship and faith conversations.

To participate, please sign up with **Shanna** (shanna@augustanadenver.org) by September 6. Cost is \$110 with scholarship money available.

Youth group to explore Pumpkin Patch

Save the date for Sunday, October 2 for a youth group (grades 5–12) outing to a pumpkin patch. We will meet at 1:30 p.m. and return to Augustana by 5 p.m. More details to come!



Sunday Lunch starts September 11

All are welcome to lunch in Fellowship Hall following 10:30 a.m. worship. A freewill offering is taken at each meal for those who would like to contribute. Each Sunday we are in need of people to help set up and clean up Sunday Lunch. To sign up for your turn, please contact **Shanna** (shanna@augustanadenver.org or 303-388-4678 ext. 107).



Health Ministry

Important PREVENTION Reminders from Augustana Reopening Task Force

Seasonally we are entering autumn and approaching winter months. Although at the time of this article submission, Denver County was in a LOW risk category for COVID data, that can change quickly with the changing of the seasons as folks move indoors more and flu season approaches. Please follow these simple steps to protect yourself and others:

- Stay up to date with vaccines (COVID and flu)!
- Get tested if you have flu- or cold-like symptoms.
- Wear a well-fitting mask. KN95 is preferred for the best filtration.
- Avoid poorly ventilated areas and crowds.
- Wash hands often!
- Cover coughs and sneezes. (Use your sleeve if no tissues are available.)
- Take precautions when you travel, wearing masks on public transportation.

- Follow CDC guidelines for quarantine and isolation as needed.

Although masks are still optional in worship and for facility use, please know you may choose to wear a mask at any time as an additional precaution to protect yourself and others. Also be aware that our sanctuary is highly filtrated and ventilated, which is good news!

Stay safe, stay well, monitor your health, and be confident in getting vaccinated as the BEST way to slow the spread of SARS-CoV-2, the virus that causes COVID-19, and seasonal flu viruses.

Your Reopening Task Force,
Sue Ann, FCN, Chair
glusenkamp@augustanadenver.org

Learn more: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

Suicide Prevention Week is September 4–10, 2022

Suicide and Crisis Lifeline: Dial 988

Almost 800,000 people die every year due to suicide, which means one death every 40 seconds, according to the WHO (World Health Organization). This is a shocking statistic!

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

National Suicide Prevention Week, which begins on September 4 and ends on September 10 this year, is an annual campaign observed in the United States to educate and inform the general public about suicide prevention and the warning signs of suicide. It also aims to reduce the stigma surrounding suicide and encourage the pursuit of mental health assistance, because going to therapy should be as normalized as going to the gym.

What can you do?

- **Raise Awareness** – have a conversation with your family and friends.
- **Educate Yourself** – learn more and shatter silence about mental health.
- **Look Out for Others** – help people feel heard and understood—listen!

Why is Suicide Prevention Week important?

- It helps prevent suicide – share the 988 number.
- It reduces stigma about mental health – try appropriate nonjudgmental language, say “He/She died by suicide” instead of “He/She committed suicide.”
- It fosters compassion in people – come together as a faith community to support one another. Check out our E4 mental health ministry team, every second Thursday of each month in the Ammerman Library; next meeting: September 8.

Resources for further information:

- <https://nationaltoday.com/suicide-prevention-week/>
- <https://www.nimh.nih.gov/health/topics/suicide-prevention>
- <https://988lifeline.org/>
- <https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month>

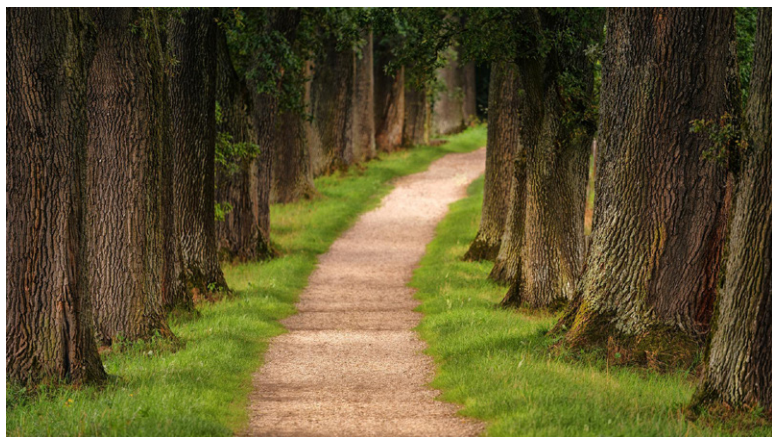
Stay tuned!

Special Health Ministry Sundays in September and October

On September 4, Augustana’s Health Ministry team will host coffee hour, provide take-away information on suicide prevention, and offer blood pressure screening. Stop by Fellowship Hall and educate yourself!

On Sunday, October 16, both worship services will offer candlelighting for Mental Illness with special prayers, sermon, lessons, Adult Forum, and leadership by E4 ministry team.





Understanding Your Grief Bereavement Support Group

"I learned a tremendous amount about the grieving and mourning process during our time together. What I learned has helped me through a difficult time of grieving."

Augustana Grief Group Participant

Saying goodbye to a loved one is never easy, but losing someone during a pandemic adds another dimension to grief and loss. You are invited to learn ten essential touchstones for finding hope and healing your heart. Your loss can be before pandemic as well. We will use the curriculum written by **Dr. Alan D. Wolfelt** of the Center for Loss and Transition in Fort Collins, Colorado (<https://www.centerforloss.com/>).

- Sundays, noon–1:30 p.m.
- Ten sessions, October 2–December 11, 2022
- Facilitators: **Brian Bernhard**, past grief group participant, and **Sue Ann Glusenkamp**, FCN
- Cost: 90 minutes each Sunday and \$30 to cover cost of books
- Scholarships are available
- Limited to first ten registrants
- Each participant will receive two books to guide the journey
- To register, contact **Sue Ann** (glusenkamp@augustanadenver.org or 303-388-4678) by Sunday, September 25

Comments from past participants:

"This group has helped me get through a very difficult time. Sharing my thoughts and feelings and listening to others sometimes gave me a new perspective on a variety of situations. I felt supported by the group, and this experience has given me the courage to go forward and to trust that I am going to be okay."

"Grief can feel very lonely, and it helped to be with others experiencing similar things."

"The group helped normalize many of the emotions I was feeling and helped me to see that I am not crazy. It was helpful to hear others expressing their grief and to know I was not alone."

Join Sue Ann and Brian in the Ammerman Library after 10:30 a.m. worship and lunch in Fellowship Hall. If you are in need of a Zoom connection with the group, that will also be available as required for any illness, exposure, or travel needs.

Contact Faith Community Nurse Sue Ann with any questions or concerns.

Swedish Smörgåsbord, September 24

The Swedish Club of Denver will once again hold a delicious Smörgåsbord Dinner at Augustana's Fellowship Hall, Saturday, September 24, 5:30 p.m. Proceeds from this event support the Academic Scholarship Fund of the Swedish Club.

Visit swedishclubofdenver.org for information and to register for the smörgåsbord.



Brian Salmon, left, in Bronco hat, and his dad, Ian, behind him

New Quist Park benches

In mid June, **Brian Salmon** of Eagle troop 5 approached Augustana with a four-page project plan to fulfill his Eagle troop commitment. His plan was to replace or redo our aging benches in Quist Park.

On August 4, Brian and his team pulled into our parking lot with a U-Haul truck with six new benches that Brian single-handedly built.

When you have a chance take a stroll down the hill to see them—what an upgrade!

Augustana has previously been the beneficiary of Eagle Scout projects—the community garden gazebo, the Gaga ball pit, and now the benches.

Thank you, Brian!



Augustana Foundation

Gala tickets on sale September 1

Plan now to attend an inspiring and fun-filled evening with music, appetizers, wine and beer, a sit-down dinner catered by Footers, and a guest speaker. The event will honor the past, celebrate the first 50 years of Foundation achievements, and highlight the Foundation's impact at the church and in the community. This adult-only event will be a wonderful opportunity for you to meet or reconnect with friends in the Augustana community.

The Foundation's 50th Anniversary Gala will be held in Augustana's Fellowship Hall on Friday, October 14, at 6 p.m. Everyone is invited and encouraged to attend. It is a party, so the dress code is dressy to cocktail attire. Join the Augustana community in launching the Foundation into its next half-century.

Tickets are available for purchase on Augustana's website (<https://www.augustanadenver.org/event/augustana-foundation-50th-anniversary-gala/>) or in the church office. Cost is \$75/person and tickets are limited to 200, sold on a first-come, first-serve basis. Get them now before the event is sold out!

The Gala Planning Committee is also seeking financial support to cover some expenses of this festive event. If you or your business interest are able to help by sponsoring, you can explore options. We are seeking both smaller sponsorships (e.g., \$100) and the more substantial Gold, Silver, and Bronze level sponsorships. Please contact Gala Chair **Denise Sanderson** about becoming a Gala Sponsor (303-550-8350 or DeniseSanderson105@gmail.com).

At the Gala you will have an opportunity to make a donation to the Augustana Foundation at your dinner table or in the Gala's lively paddle raise. Annual earnings from this fund are distributed annually as grants that support Augustana's ministries and capital improvements, as well those organizations that support the tremendous needs in the community locally, in the Rocky Mountain Synod, and around the world.

Everyone is invited!

50th
ANNIVERSARY
1971-2021
Augustana Foundation

Gala

October 14, 2022 | 6 p.m.

Augustana Lutheran Church

Growing with Purpose

Speaker



Rev. Sonja (Gall) Pancoast

Zion Lutheran Church
Loveland, Colorado

Growing with Purpose with the Reverend Sonja (Gall) Pancoast

Growing with Purpose is a theme phrase in many segments of our world today. We hear it at church, discuss it with our friends and neighbors, and struggle with it personally.

Who better than the Reverend Sonja (Gall) Pancoast to provide perspective and inspire us on *Growing with Purpose*? After all, she is an Augustana daughter, a beneficiary of the Foundation's scholarship program, and a highly respected pastor in the Rocky Mountain Synod.

You may remember the Sonja Gall who grew up at Augustana Lutheran Church. Others may be more familiar with the commitment and leadership of her parents, Jean and Duane.

When Sonja learned the Foundation would be celebrating its 50th milestone birthday in 2021, she immediately sent a note of congratulations with an offer to help. She noted she could not be more grateful to the Foundation for four years of scholarship support while attending Pacific Lutheran University.

Annual scholarships continued as a seminarian. "The support of the Foundation allowed me to have a reduction in the amount of loans I needed to take for college and seminary. Once I graduated, I felt called to serve in an urban congregation in Trenton, New Jersey. I was able to take this call because of my lower student loan debt."

"As I approach my 20-year ordination anniversary this year, I am deeply grateful for the support of the Augustana Foundation to further my call to ordained ministry." As an energetic ELCA pastor and community leader, she is well positioned to guide individuals, groups, and organizations to find their purpose and grow in those journeys.

Sonja's unsolicited email of January 4, 2021, concluded with "Truly the Augustana Foundation has changed many lives and mine is just one of

continued, next page

them. I would love to express my gratitude in whatever way you feel would best support your celebrations.” With her husband Rev. Joel Pancoast, Rev. Sonja (Gall) Pancoast is the copastor of Zion Lutheran Church, Loveland, Colorado. Previously she served as solo pastor of St. Bartholomew Lutheran Church in Trenton, New Jersey. She is a 1997 graduate of Pacific Lutheran University and a 2001 MDiv graduate of Princeton Theological Seminary.

Be inspired by this remarkably faithful and accomplished woman with deep Augustana roots.

Changes coming for grant applications

In evaluating its Grants Program, the Foundation determined refinements were needed in its grant application process. While changes will not be effective until January 1, 2023, potential applicants can anticipate these changes.

- **Earlier Deadlines.** Instead of deadlines on the last Friday in months ending each quarter, applications will be due on the 15th. Due dates of January 15, April 15, July 15, and October 15 will allow a longer review period.
- **New Format.** Technology will be used to assist how information is accepted, organized, and archived. The new automated process will balance the submitter’s ease and efficiency with the Foundation’s grantmaking needs.
- **More Items.** Current Grant Request Forms have not always yielded sufficient information. The new Grant Application will ask more directly about project goals, implementation plans, planned expenditures, timeline, and evaluation plan.



- **Clearer Instructions.** Guidelines for submitting grant applications will be more explicit. Embedded instructions within the online-based application are expected to result in more focused and complete replies.

Disbursing grant funds effectively and efficiently in support of Augustana’s mission is central to achieving the Foundation’s purpose. The updated Grant Application and online process will encourage more informative requests, facilitate application reviews, and streamline grant management.

Additional details will follow. For updates, visit <https://www.augustanadenver.org/augustana-foundation/>.

Foundation awards two scholarships



Addie Flesch



Kendall Flesch

The Augustana Foundation is pleased to announce academic scholarships have been awarded to **Adelyn Flesch** and **Kendall Flesch**. Twin daughters of Kevin and Janet, these sisters graduated from Cherry Creek High School and are continuing their studies in Minnesota where Addie is attending St Olaf College and Kendall has enrolled at Gustavus Adolphus College.

“The Foundation is so happy to provide financial support to Augustana members attending Lutheran colleges and universities,” said Kari Blanchard, Foundation President. “It has been wonderful watching these recipients growing up in our church.”

These awards were made for four years with recipients approved to receive an annual \$5,000 academic-year scholarship. Scholarship funding will be disbursed directly to the respective institution of higher education.

Augustana has had a remarkable history of supporting its students who continue their studies and faith journey in the Lutheran tradition.

The Foundation has provided more than \$250,000 in scholarships to more than 25 students in the past 35 years. Undergraduate students have attended ELCA colleges including Augsburg University, Augustana University, Luther College, Midland University, Pacific Lutheran University, and St. Olaf College. Seminary students have studied at Iliff School of Theology, Luther Theological Seminary, Princeton Theological Seminary, and Union Theological Seminary.

With its policy change to award multi-year scholarships, potential applicants and parents will know the Foundation is committed to providing support during the entire expected program of study, providing greater certainty as families make decisions to attend a college or seminary rooted in the Lutheran tradition.

Restoration Outreach Programs is grateful to God for partnership

Many youth along the Colfax east corridor are left home alone during the summer months to care for themselves and younger siblings. Restoration Outreach Program, a nonprofit serving at-risk youth in that area whose experiences include

homelessness, extreme poverty, refugee or immigrant status, abuse, and/or hunger, submitted a grant proposal last fall for a no-cost youth summer program.

The Foundation responded with funding to help support a Summer Youth Program for 150 children (ages 1–12).

Implemented in June–July 2022, this day camp program included breakfast, lunch, a healthy snack, and a weekend food pack for participants to bring home. Youth from many faith backgrounds attended.

Healthy recreational activities, field trips, guest speakers, STEM, music and art activities, character training, meal preparation, and even the development and cultivation of a small community garden were included.

The Foundation is sharing this note of thanks highlighting the impact of just one group (Teen Ministries) who was invited to lead a session.



RESTORATION OUTREACH PROGRAMS

Dear Friends of Augustana Lutheran Church, **A community that prays together** is a community that depends on God to hear and answer prayer. The articulate believer, the shy believer and a person who doesn't yet believe in the Lord Jesus Christ can pray.

The Teen Ministries stood in solidarity with friends and the community to pray with and for the Teens at ROP and the surrounding areas. A group of the teens reflected on how their mothers had taught them to pray by gathering with the community and neighbors in the church back in Honduras. According to Meghan Kuehl, Teen Ministries Director, the teens were awestruck as they

continued, next page

discovered that prayer can be spoken to God in any time, place, or language.

ROP is so grateful to God that you are covenant partners with us through finances and prayers. Together we serve, impact, and transform lives one person at a time.

“This is the confidence we have in approaching God; that if we ask anything according to his will, he hears us.” 1 John 5:14

Peace,
Mary Tellis, Executive Director

Meeting needs, building relationships and restoring lives through Christ in our East Colfax community

Welcome Connection

We Put People First

After careful review and lively discussion, the Welcome Connection is moving forward with Roger Lipker's Marketing Plan for Augustana Lutheran Church. This thorough and multi-faceted outreach will begin to move forward bearing our message of “We Put People First.” The plan emphasizes increasing community awareness and engagement through Augustana ministries that connect and support people.

Early stages of implementation start this fall.

As always, if you have visions, thoughts or suggestions for our group, or if you would be interested in joining us on our journey, feel free to connect with one of us: **Erin Saboe, Nancy Johnson, Roger Lipker, Julie MacDougall, Nancy Nyhus (Council), Ellen Kastens (Council); Brad Uyemura (Chair), Janet Flesch (ad hoc), Laura Libby (ad hoc), and Pastor Caitlin.**

Compassion and Action with Our Neighbors

Refugee Support Team forms

Do you have a heart for refugee families? Do you desire to be part of a team that accompanies refugees as they settle into the community? The Compassion and Action with Our Neighbors (CAN) ministry is working through Lutheran Family Services to start a Refugee Support Team this fall. We will be having a meeting for anyone interested on Sunday, September 18, noon–1 p.m., in the Ammerman Library. The meeting will share more information for you to decide if this ministry is for you.

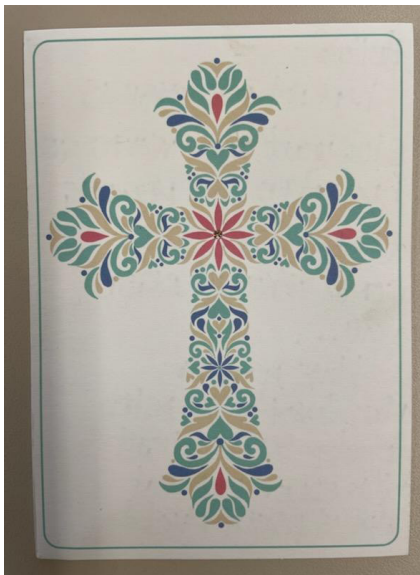
Please email **Amy King** (amyking0607@gmail.com) if you have questions or are planning to attend the meeting on September 18.

Human Dignity Delegates

Human Dignity Delegates (HDD) completed the discussion on Ibram X. Kendi's *How To Be An Antiracist* in August. If you are interested in further discussion, contact **Beth Black** (comosh@aol.com), **Katy Lunsford** (katy.p.lunsford@gmail.com) or **Pastor Caitlin** (pastor.caitlin.trussell@gmail.com). There is much more to discuss.

Upcoming Meetings

- Sunday, September 11, noon–1 p.m.
Interest meeting for adults and youth going to Montgomery, Alabama, June 5–9, 2023. Come to learn more about this opportunity.
- Sunday, October 9, 12:30–1:30 p.m.
Information and Discussion on the Ballot Initiatives for the November election.

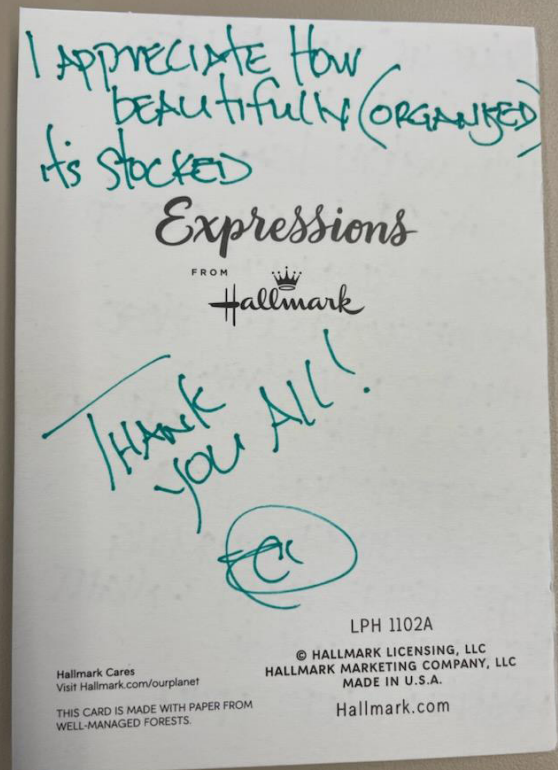


Hello —
 I AM NOT ONE THAT IS
 ELOQUENT WITH WORDS SO
 I DO HOPE THE MEANING
 (AS MY HEART SEES IT)
 COME THROUGH RIGHT
 NOW...
 I LIVE APPROX 15
 MINS AWAY & WAS ASKED
 TO STOP BY ONE NIGHT
 W/ A ELDERLY WOMAN
 THAT IS PRETTY MUCH A
 "SHUT IN" WITH LIMITED
 MOBILITY (I DRIVE &
 HELP WHERE I CAN)
 THE 24 HOUR ACCESS TO
 FOOD IS SO MUCH
 APPRECIATED BY THOSE
 THAT DO NOT ALWAYS
 HAVE A RELIABLE FORM OF
 TRANSPORTATION AND
 AS SHE STATED, COMING
 HERE, ESPECIALLY ON NIGHT
 HELPS HER TRY TO
 MAINTAIN HER PRIDE.

A Sanctuary Soup Shelf visitor says "Thank You"

CAN Ministry folks who volunteer to stock the Sanctuary Soup Shelf regularly encounter visitors there. Every so often, one of those visitors leaves a note. Here is one such note that gives us a glimpse into this ministry providing immediate relief from food insecurity.

Remember to add a few extra cans of soup, peaches, or tuna to your grocery list and drop them off when you come to worship. Put your cans on the staging shelves inside the Sanctuary entrance to the right by the Cozy Corner.



Update on Summer of Service

Organized by Compassion and Action with Our Neighbors (CAN) Ministry

The Augustana Community has been busy this summer. As of the end of July, members have contributed 823 hours of volunteer service. The organizations vary as much as our members, contributing to 58 different organizations or people. In-kind donations of money, food or items were made to 27 different organizations. Continue recording your efforts through September 11. It will be exciting to see how much we have given back this summer.

Register and attend!

Thirsting For Water (Climate, Water, and Hunger)

Topic: Learn about megadrought, agriculture, community politics, and personal action.

Date: September 17, 9 a.m.–3 p.m.

Cost: \$25 in person at Bethany/ \$15 Zoom (invite friends to your Zoom party)

Speakers:

- **Ryan Cumming**, Program Director, ELCA World Hunger Education
- **Peter Backlund**, Associate Director, School of Global Environmental Sustainability
- **Chris Hansen**, Colorado State Senator

Register: rmselca.org/thirstingforwater
(deadline: Sunday, September 11)



AUGUSTANAARTS



Stratus Chamber Orchestra presents Reinvigorated: 25 and Counting!

Saturday, September 17, 7 p.m. at Augustana

Join Stratus in a night celebrating 25 years of musical excellence with Augustana Arts! Every piece on the program includes a reference to the number 25, and this diverse and energetic program is sure to delight, featuring the music of Mozart, Prokofiev, Lehar, Dvořák, and American composer Nancy Galbraith. Can you find the connection to 25 in each piece?

Visit AugustanaArts.org for information and tickets. Augustana members received \$10 off all tickets with code ALC10.





SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Faith Formation 9:30am Faith Formation (Infants–Grade 12) 9:15am Adult Forum		Children and Youth Music Ministry 9am Cherubs, Choristers, Chancel Handbells Noon Cantabile, Chapel Ringers, Recorder Ensemble		1	2 9:45am Augustana Firm Believers	3
4 Pentecost 13 Health Ministry Sunday 8am Worship/Communion 9:15am Fellowship/Coffee 10:30am Worship/Communion Noon Augustana Knitters Noon Welcome Connection	5 Labor Day <i>- office closed -</i>	6 9am Library Committee 7:30pm Young Adult Bible Study	7 9am Augustana Early Learning Center Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:15pm Chancel Choir	8 The Tower deadline 7pm E4 Mental Health Ministry	9 9:45am Augustana Firm Believers 11am Bulletin Assembly	10 10:30am Holy Baptism
11 Pentecost 14 God's work. Our hands. 8am Worship/Communion 9:15am Health Ministry Team 9:15am Operation Pantry 10:30am Worship/Communion 11:45am Sunday Lunch Noon Montgomery Trip Planning	12 9:45am Augustana Firm Believers	13 4:30pm Yoga 6pm Children, Youth & Family Ministry 7pm Men's Bible Study	14 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:15pm Chancel Choir	15 2pm Senior Ministry 7pm Women, Wine and Word	16 9:45am Augustana Firm Believers 11am Bulletin Assembly	17 Augustana Arts: 7pm Stratus Chamber Orchestra "Reinvigorated: 25 and Counting!"
18 Pentecost 15 8am Worship/Communion 9:15am Fellowship/Coffee 10:30am Worship/Communion 11:45am Sunday Lunch Noon Refugee Support Team <i>See Faith Formation and Music Ministry above.</i>	19 9:45am Augustana Firm Believers 1pm Book Group	20 7pm Congregation Council 7:30pm Young Adult Bible Study	21 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:15pm Chancel Choir	22	23 9:45am Augustana Firm Believers 11am Bulletin Assembly	24 10am Usher Training 5:30pm Swedish Club Smörgåsbord
25 Pentecost 16 8am Worship/Communion 9:15am Fellowship/Coffee 10:30am Worship/Communion 11:45am Sunday Lunch <i>See Faith Formation and Music Ministry above.</i>	26 7:30am Footcare Clinic 9:45am Augustana Firm Believers	27 7pm Men's Bible Study	28 9am AELC Chapel 9:45am Augustana Firm Believers 6pm Augustana Ringers 6:30pm Alzheimer's Support Group 7:15pm Chancel Choir	29	30 9:45am Augustana Firm Believers 11am Bulletin Assembly	

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SEPTEMBER Birthdays

- 1** Noah Buol
Claudia Fakharzadeh
Samuel Kesner
Erin Morgenthaler
Sarah Norgaard
Quentin White
Jeff Ziebarth
- 2** Janet Flesch
Cheryl Jones
Roger Lipker
Keisen Withey
- 3** Courtney Carter
Micaela Lamari
- 4** Dane Vierow
- 5** Louise James
Karen Spies
- 6**
- 7** Annika Backes
Linda Tinderholt
- 8** Vincent Vierow
- 9** Hannah Dewald
Sophie Maher

- 10** Laura Bemrich
Eleanor Bonicelli
Lana Farrington
- 11** Ella Barclay
- 12** Lindsay Janda
- 13** Aaron Rowan
- 14** Dong Mayek
- 15** Jennifer Meyer
Rebecca Newman
T. Miller
- 16** Greg Bickle
Betty Boyd
Allison Martin
Dennis Miller
Olaf Siverson
Lisa A. Smith
Annika Tollund
Jennifer Tribbett
- 17** Julie Dodge
Angie Miller
Valerie Taron
- 18** Bonnie Taron
Kristine Wallen

- 19** Christopher Beazer
Damian Fischer
Megan Mohs
John Spano
Frederick Thompson
- 20** Alaysha Powell
Jena Requist
- 21** Ellen Buol
Matt Cross
Ellen Kastens
Miles Tamminga
- 22** Delaney Svensson
- 23** Emma Graham
- 24** Cynthia Dickey
Faye Olson
- 25** Janet Egan
- 26** Errol Buhr
Karen Mengozzi
Marcia Olson
Lisa Stavig
Bill Stephens
- 27** Annika Buhr
Katy Lunsford
Steve McCartney
- 28** Colleen Earl
Karen Kokos
Keith Long
Jim Sanderson
Janel Wilson

- 29** Portia Giordano
Nate Harrison
Ruth Pederson
Brad Uyemura
- 30** Judy Smeester

*If your name should
have been on this list
but wasn't, please call
Augustana's office
(303-388-4678).*