

New Pricing Effective 1/1/2022

Which health screenings are right for you?

9Health 365

Blood Chemistry | \$45

- Provides information on your blood glucose, cholesterol, electrolytes, liver, kidneys, thyroid, and more.
- This screening can help you and your healthcare provider monitor and identify health issues such as diabetes and heart disease.
- Pair with Hemoglobin A1c for a complete diabetes screening.

Colon Cancer Screening Kit | \$45

- This take-home/mail-in kit checks for human blood in the stool.
- Screens for colon cancer and colon polyps, and may indicate hemorrhoids or colon inflammation.

Hemoglobin A1C | \$35

- Measures your average blood sugar control for the past 2 to 3 months.
- Screens for diabetes/prediabetes, or used to follow existing diabetes treatment.
- Pair with Blood Chemistry for a complete diabetes screening.

Prostate-Specific Antigen (PSA) | \$40

For persons with a prostate

- Measures a protein produced by the prostate gland
- After discussion with your healthcare provider, this screening may be recommended for individuals age 69 or younger, or those with a family history of prostate cancer

Testosterone, male | \$50

- Testosterone levels fluctuate throughout the day. Levels are best represented when the screening is performed in the morning.
- Low testosterone levels in males can affect energy levels, mood and cognitive function, sexual desire, bone, and muscle mass, and fat distribution.
- Low testosterone levels can be caused by many conditions. If out of range, seek further evaluation to screen for other underlying issues such as sleep apnea, depression, opiate, and other drug use, liver disease, diabetes, thyroid disorders, and others.

High-Sensitivity C-Reactive Protein | \$40 (HsCRP)

- Can help measure your risk of developing cardiovascular disease along with risk factors such as high blood pressure, high cholesterol, diabetes, family history, and obesity.
- Pair with Blood Chemistry and Hemoglobin A1c• hsCRP measures the amount of inflammation in your body which is an independent risk factor for cardiovascular disease.
- This screening is NOT recommended if you have recently had surgery, injury, illness, or infection.

Blood Cell Count | \$30

- Measures white blood cells, red blood cells, and platelets.
- Screens for your body's ability to fight infection, anemia, some clotting disorders and cancers.

Blood Type | \$35

- Blood test to show what type of blood you have. There are four different blood types.
- Blood typing is not a medical need, but it will be checked if you get a blood transfusion or donate blood.

Vitamin D | \$60

- Provides baseline Vitamin D levels.
- Vitamin D is important for bone health and may affect other vital body functions.
- Pair with Blood Chemistry for information on your calcium levels, which play an important role in bone health

Vitamin B12 | \$25

- Provides baseline Vitamin B12 levels.
- Plays a key role in the normal functioning of the brain and nervous system, and the formation of red blood cells.
- Vitamin B12 deficiency may be a cause of anemia, numbness and other sensory issues, memory and mood impairment.

BASELINE HEALTH PACKAGE

COST | \$70 (SAVINGS \$10)

INCLUDED SCREENINGS:

BLOOD CHEMISTRY

HEMOGLOBIN A1C

ESSENTIAL HEALTH PACKAGE

COST | \$120 (SAVINGS \$20)

INCLUDED SCREENINGS:

BLOOD CHEMISTRY

HEMOGLOBIN A1C

VITAMIN D